

Percutaneous Coronary Intervention in left main coronary artery

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EUROMEDICA-KYANOUS STAVROS

"Innovations in Interventional Cardiology & Electrophysiology IICE 2012"

29/11-1/12 2012

HYATT REGENCY, Thessaloniki



www.e-Cardio.gr

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“The Fear Factor”



**The two words “LEFT MAIN” are enough
to strike fear into the hearts of most
physicians**



Why do we fear LM disease?

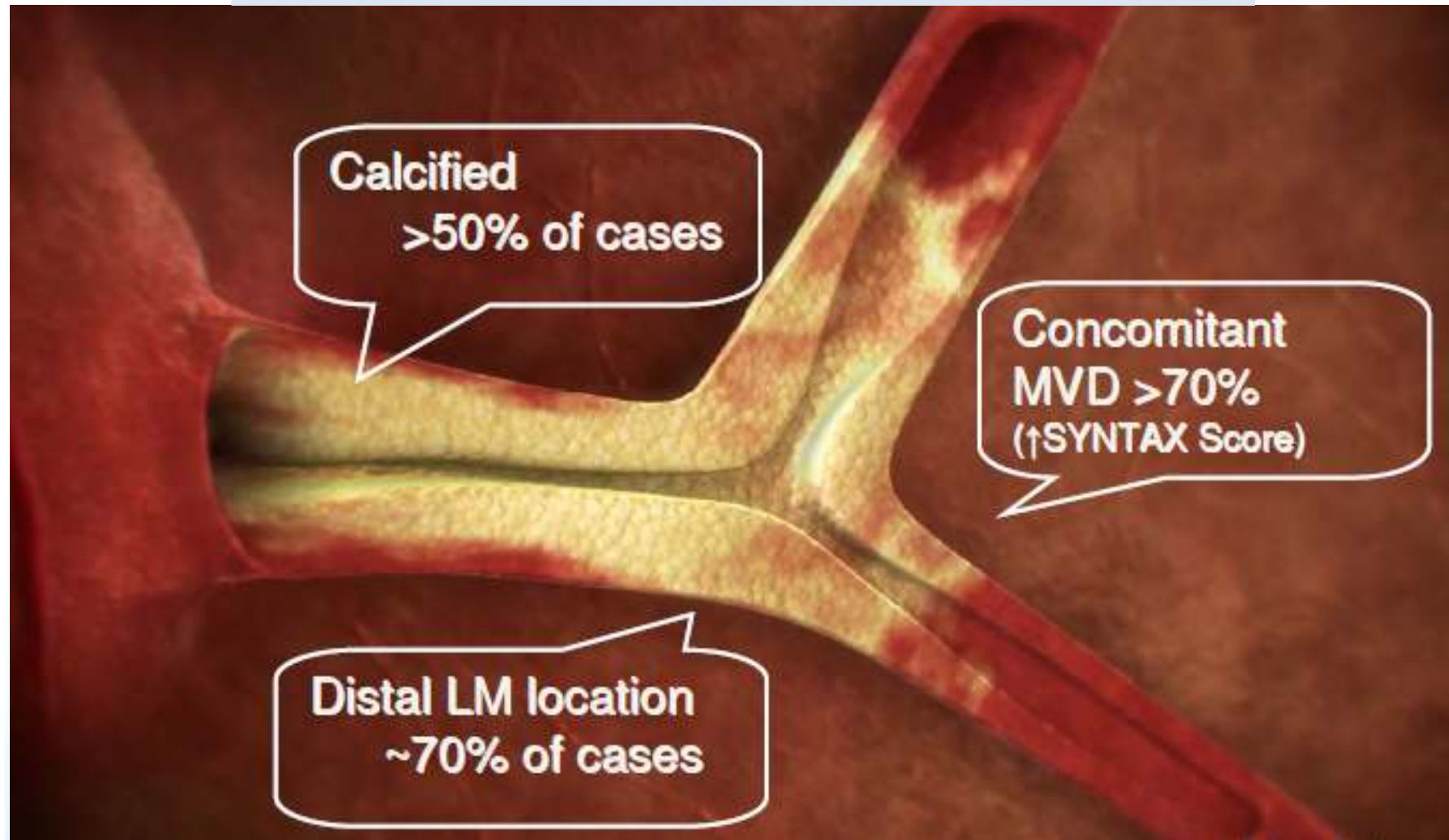
- **High mortality with medical treatment**
- **High mortality after surgical treatment**
- **High mortality with acute MI and cardiogenic shock associated with LMCAD**
- **High mortality with PCI**



Left Main Disease comes in many sizes and shapes

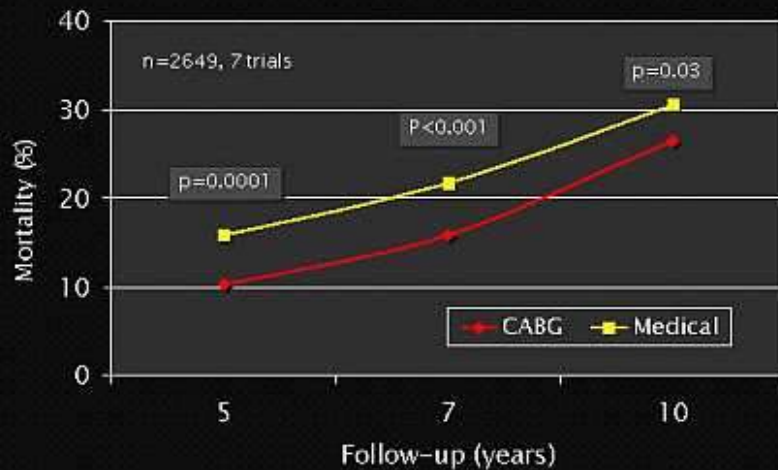


Incidence 4-6% (LM only <1%)



CABG vs Medical therapy for LM disease

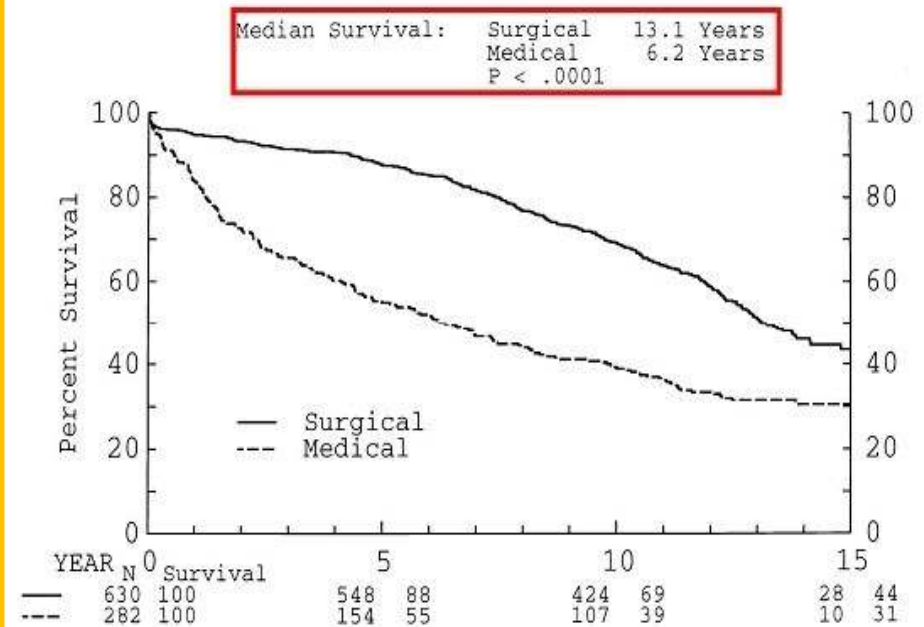
CABG vs. Medical Treatment



Yusuf et al. Lancet 1994;344:563-570

JUN 2005

Eugene E Caracciolo; Circulation. 1995;91:2335-2344



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Why **LM PCI** ?

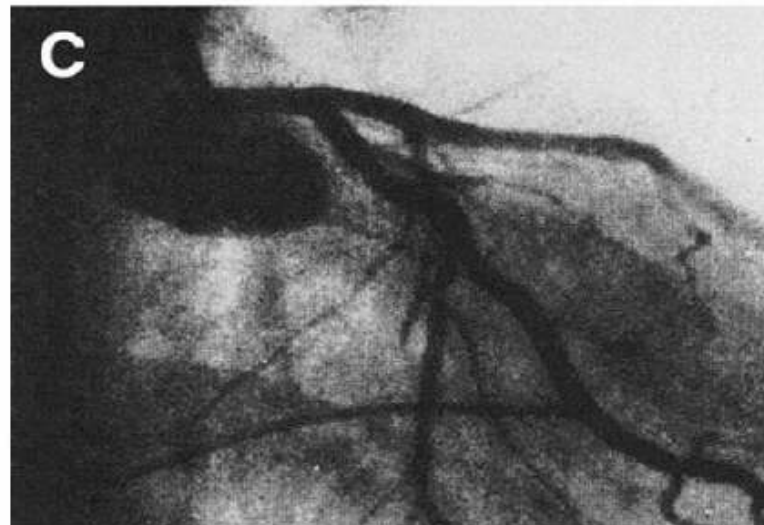
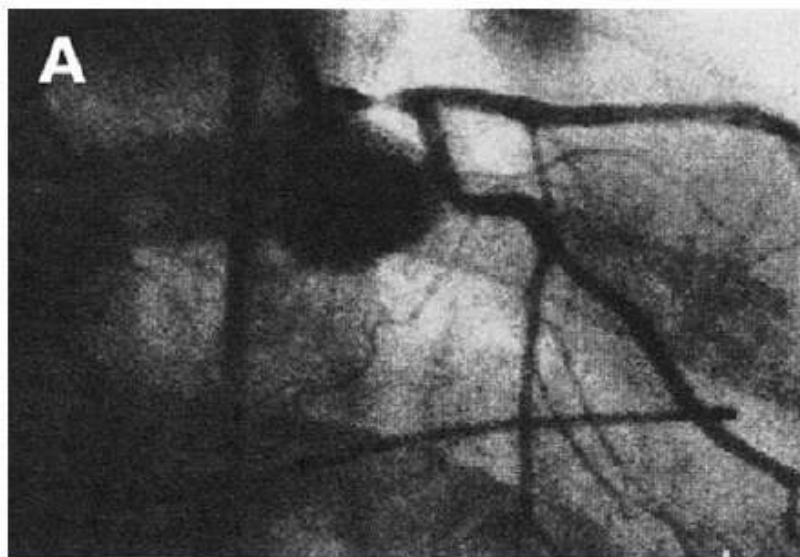
**Left Main Disease is Good Invited
Target for PCI**

- **Proximal lesions
(easy to approach)**
- **Big vessels
(easy to perform)**



Would we choose this patient for PCI today?

First PCI of Left Main in the World



“Third PCI patient ever treated. Forty-three year old man with severe angina pectoris since September, 1977. First angiogram (November 11) revealed severe stenosis of the main L.C.A. . .” (see Fig. 1). (The patient expired suddenly about 4 months after this procedure.)
—Gruntzig

Gruntzig A. Transluminal dilation of Coronary-artery stenosis. Lancet 1978;1:263



Do The Guidelines Reflect the Current State of Knowledge?

No!!!!!!!!!!



Historical Recommendation: Unprotected Left Main PCI

In patients eligible for CABG

- **Class IIb C in ESC guideline (2005)**
- **Class III in ACC/AHA/SCAI guideline (2006)**



Indications for CABG vs PCI in stable patients with lesions suitable for both procedures and low predicted surgical mortality

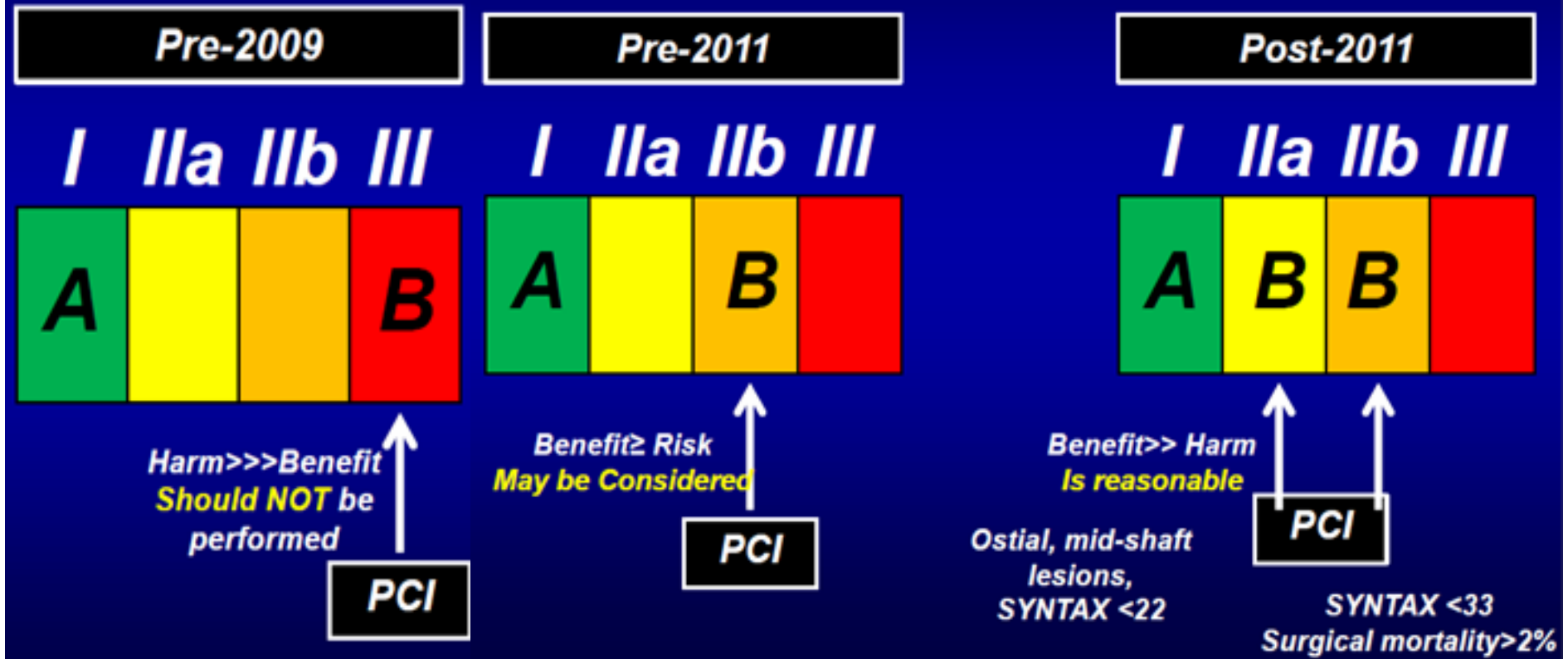


2010

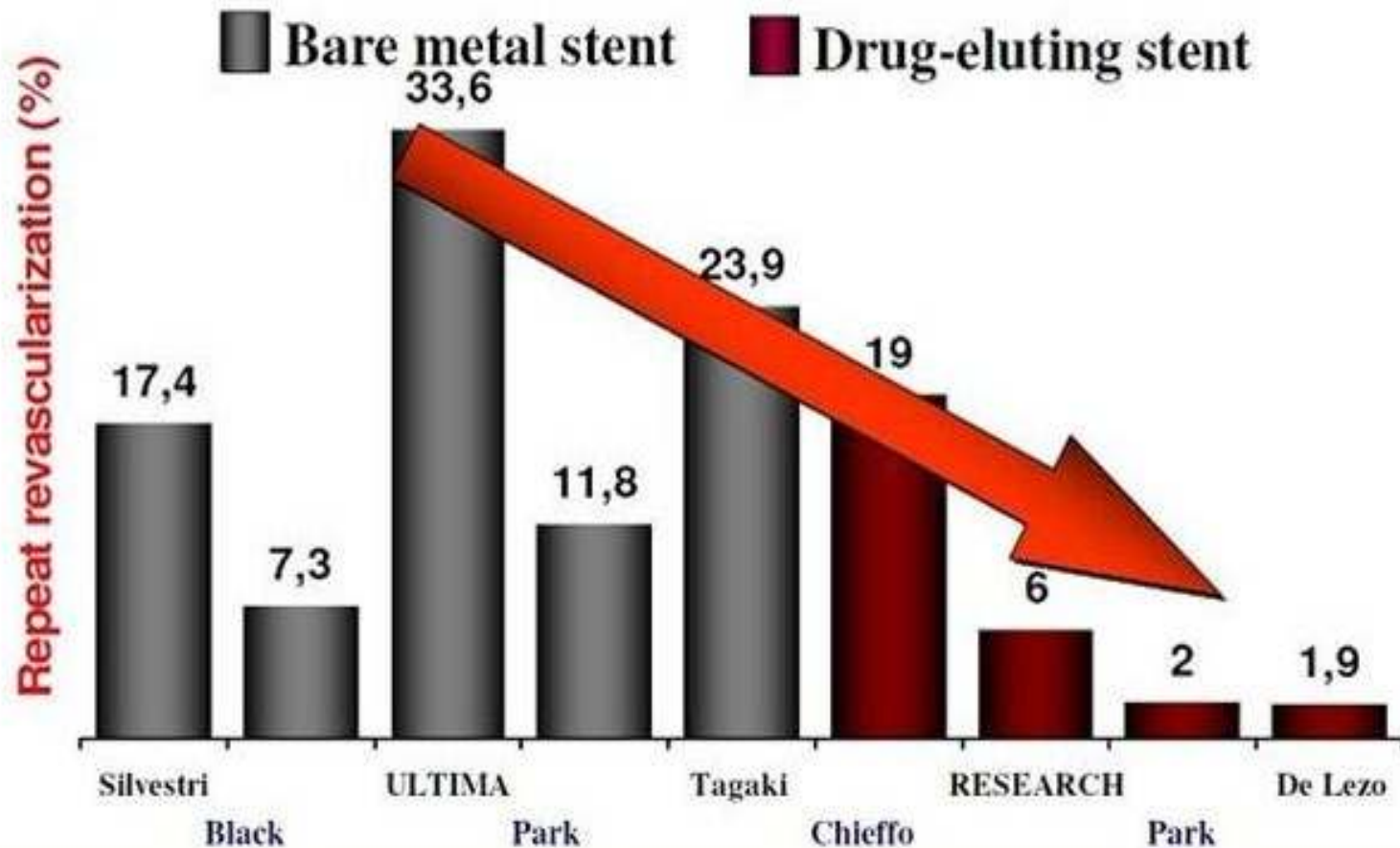
Subset of CAD by anatomy	Favours CABG	Favours PCI
Left main (isolated or 1VD, ostium/shaft)	IA	IIa B
Left main (isolated or 1VD, bifurcation)	IA	IIb B
Left main + 2VD or 3VD, SYNTAX score ≤ 32	IA	IIb B
Left main + 2VD or 3VD, SYNTAX score ≥ 33	IA	III B



Updated 2011 ACC/AHA/SCAI Guidelines for ULMCA Stenosis



We have learned, DES is Clearly Better than BMS in TVR.



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Meta-analysis: DES versus BMS

10,342 patient Meta-Analysis

DES is superior to BMS at 3-year follow-up

	Odds Ratio (95% CI)	p-value
Mortality	0.70 (0.53-0.92)	0.01
MI	0.49 (0.26-0.92)	0.03
TVR/TLR	0.46 (0.30-0.69)	0.01
MACE	0.78 (0.57-1.07)	0.12

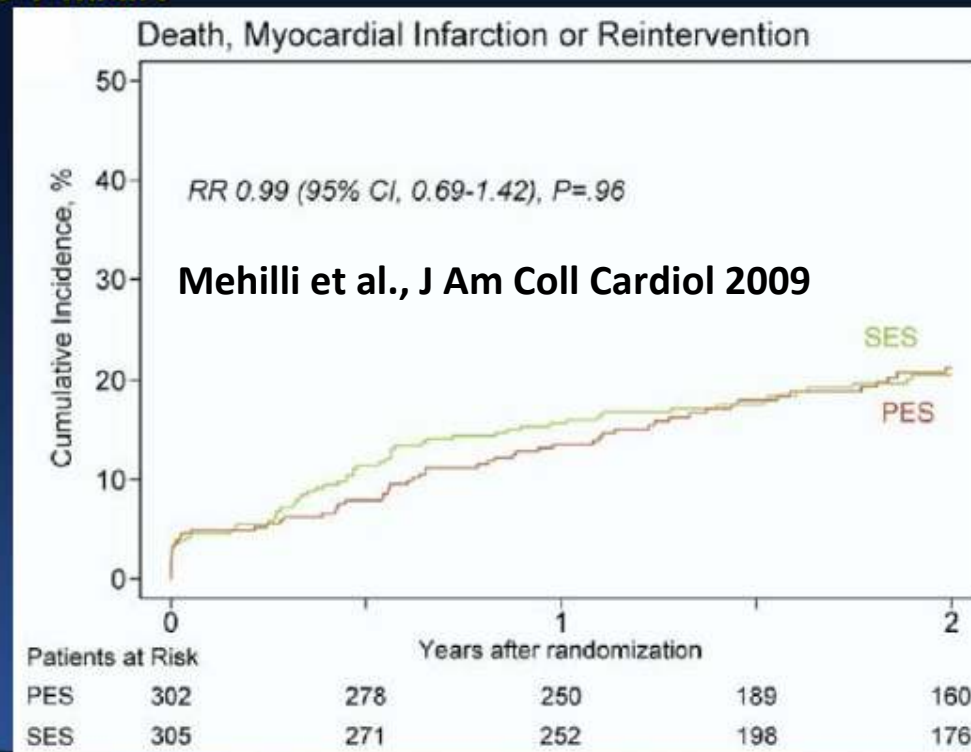
Pandya et al. JACC Cardiovascular Interventions 2010



**We have learned,
Efficacy and Safety of Different DES are Similar.**

**First Generation DES for uLMCA
Similar Clinical & Angiographic Performance**

ISAR-LEFT MAIN



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ISAR-LEFT MAIN 2 Trial

650 patients with uLMCA lesions
pre-treated with 600 mg clopidogrel

Zotarolimus-eluting stent
(Endeavor Resolute)
N= 324

Everolimus-eluting stent
(Xience)
N= 326

Angiographic follow-up
at 8 months in 73%
(N=237)

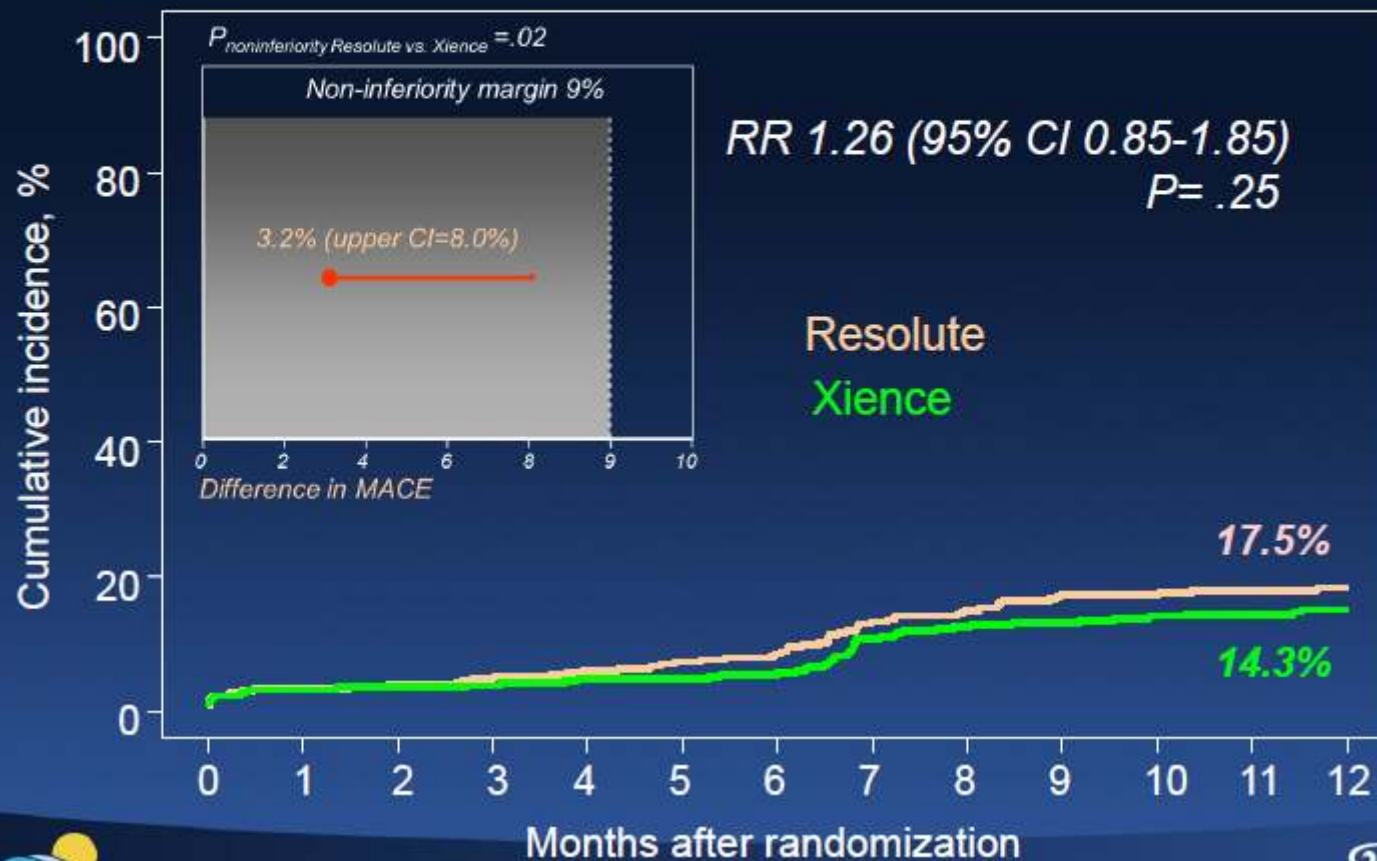
Angiographic follow-up
at 8 months in 69%
(N=226)

Clinical follow-up at
12 months in 100%
(N=324)

Clinical follow-up at
12 months in 100%
(N=326)

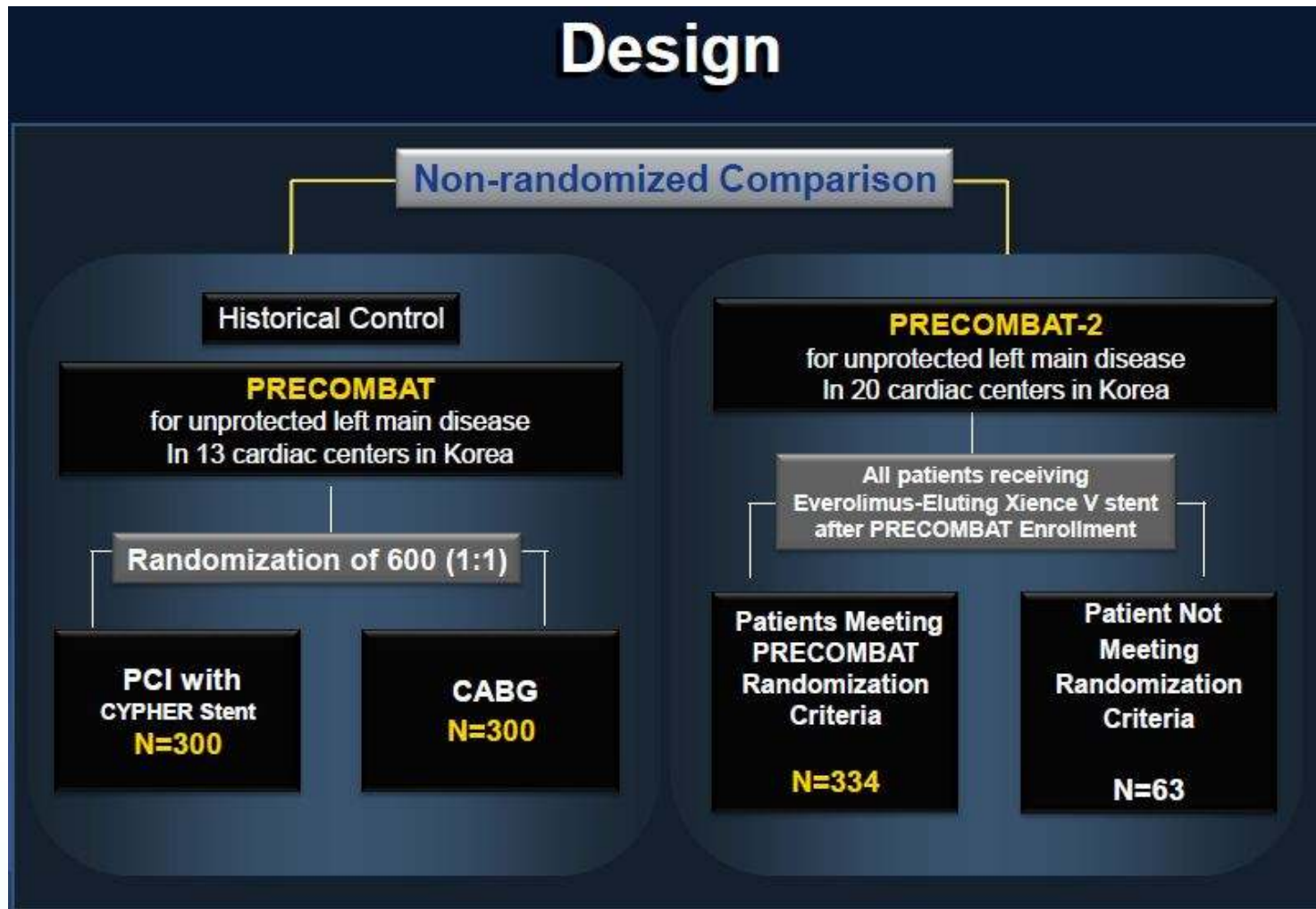


Major Adverse Cardiac Events - primary endpoint -



PRECOMBAT-2 Trial

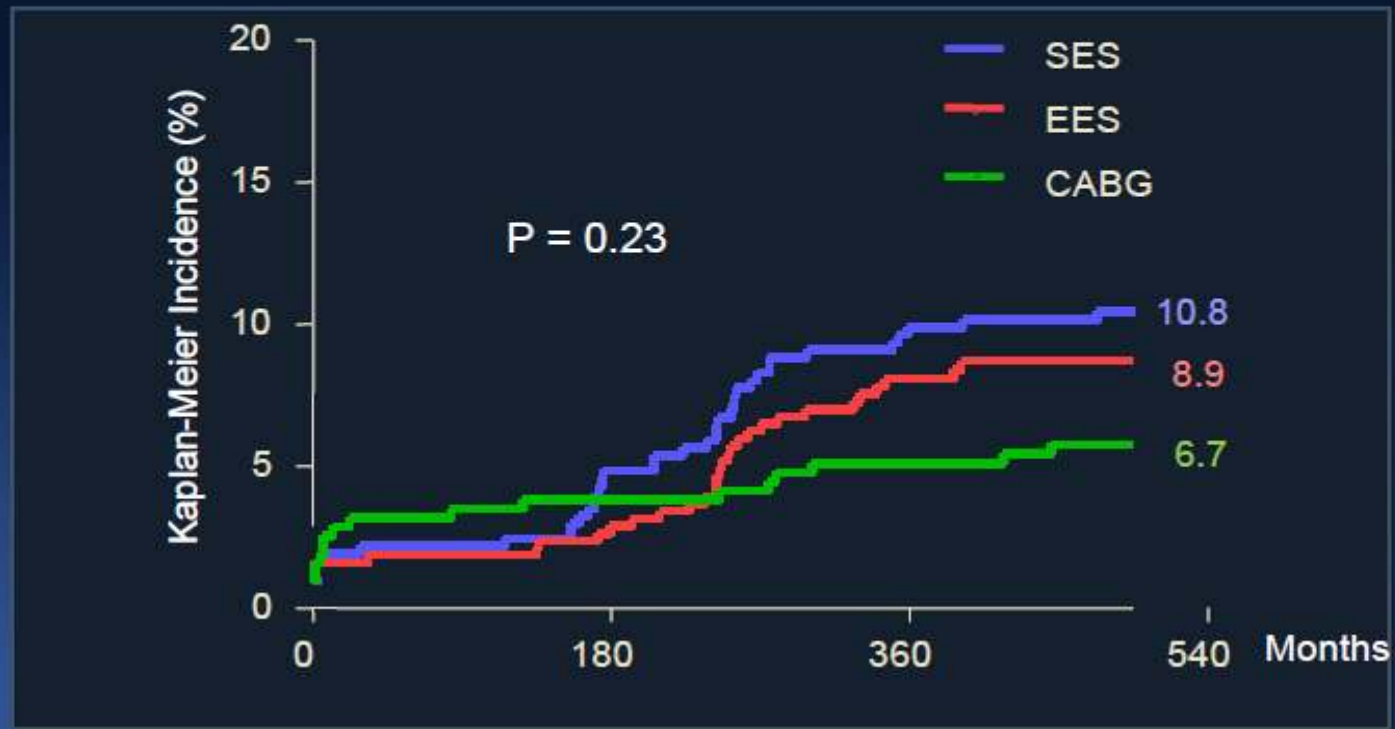
Design



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MACCE

Death, MI, Stroke or Ischemic TVR

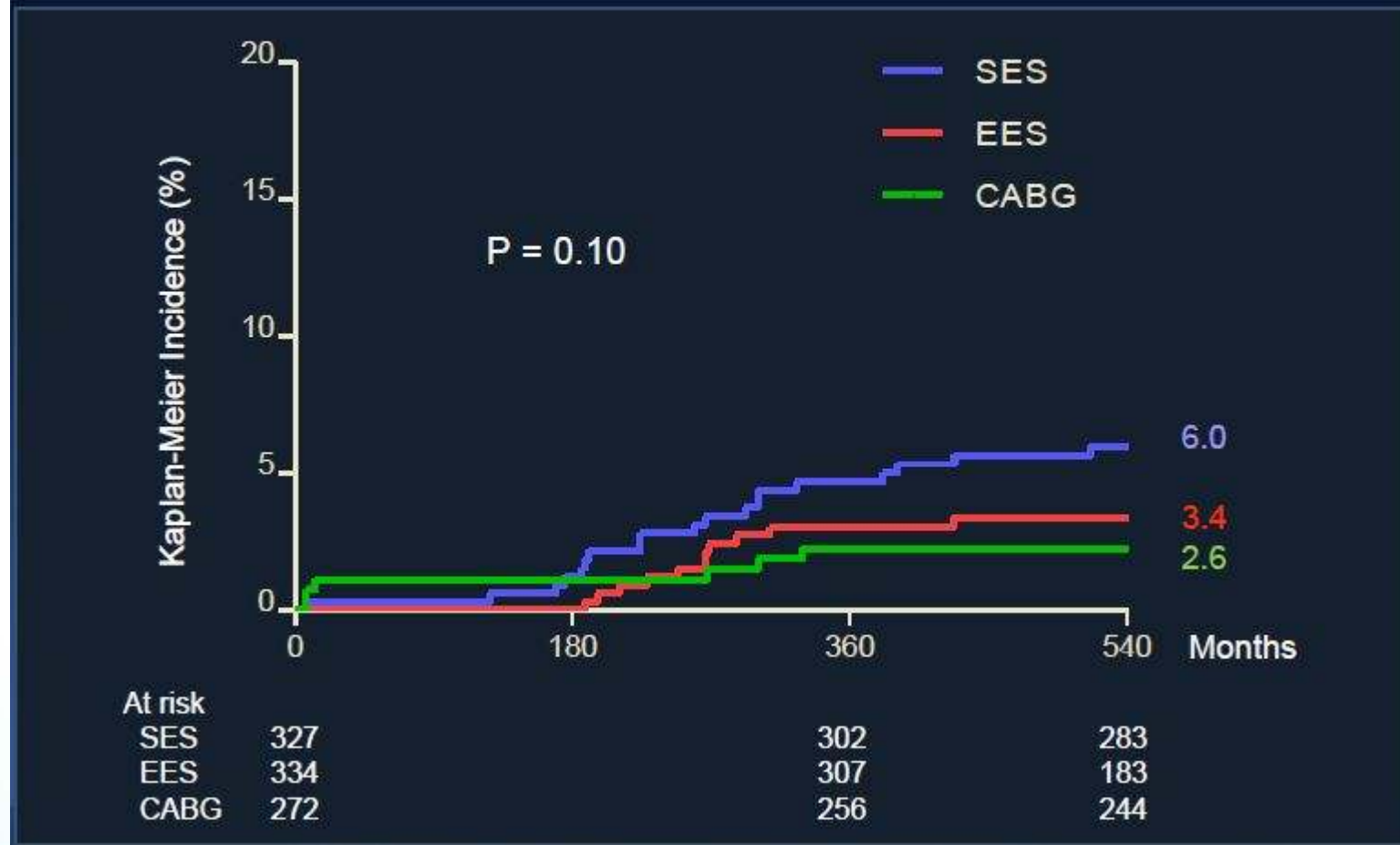


Kim YH et al, JACC. Cardiovascular Interventions. 2012 Jul;5(7):708-17

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Clinical-driven TVR



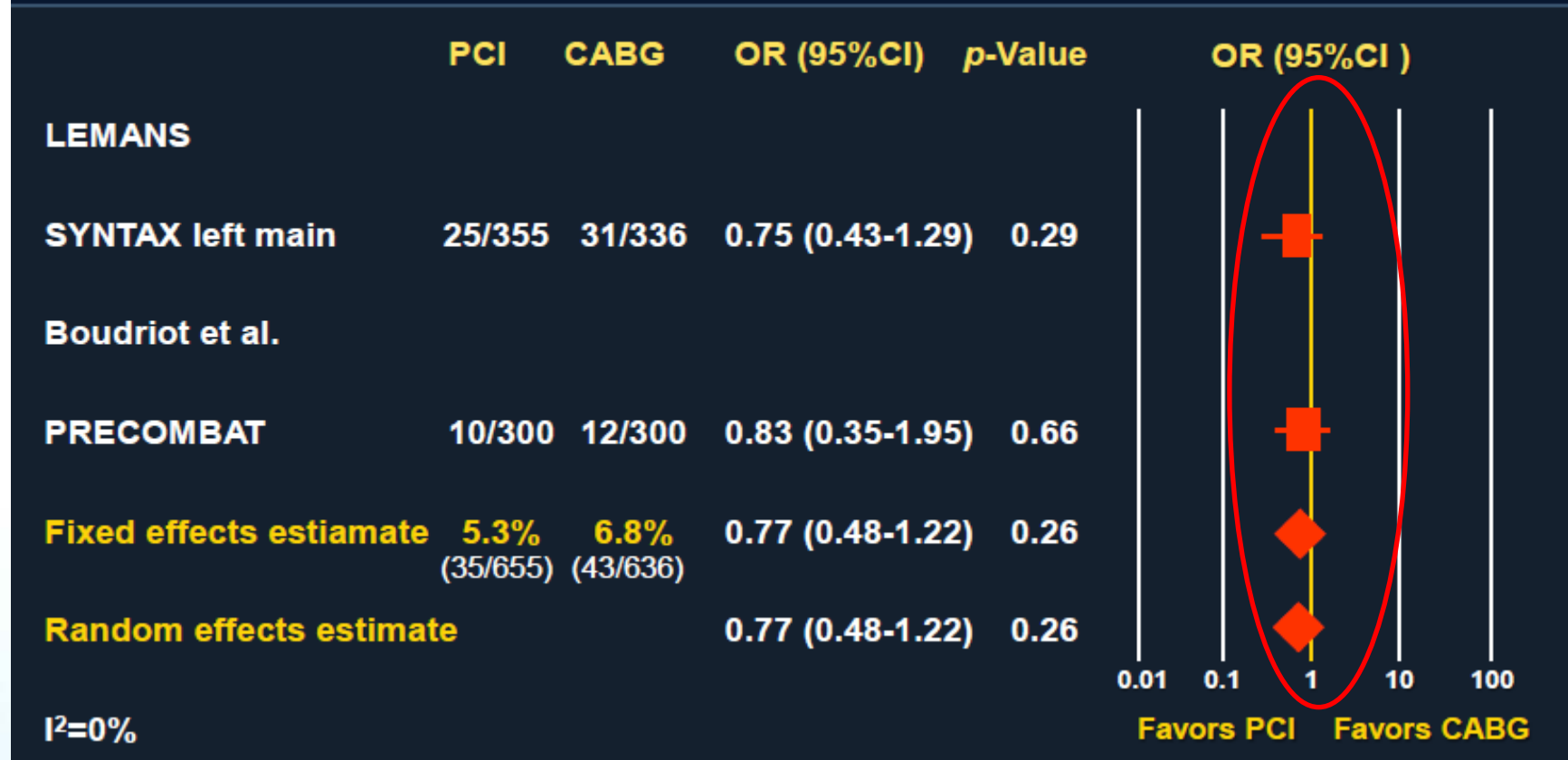
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Do all patients with Left Main disease need CABG ?



PCI vs. CABG for Left Main Disease Meta-analysis of 4 RCTs, 1,611 Patients

1-Year Death, MI or Stroke



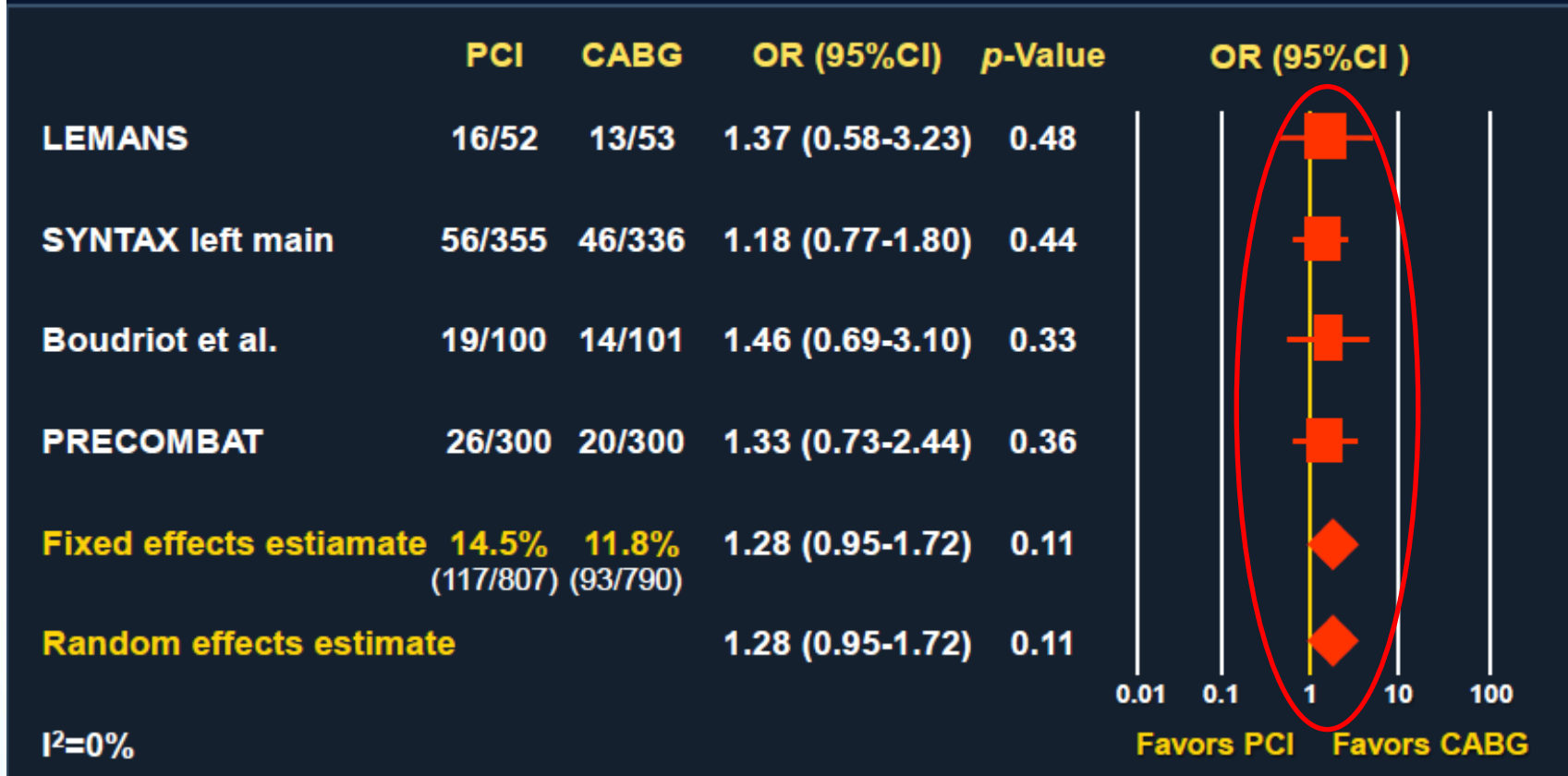
Capodanno et al, *JACC*2011;58:1426-32

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PCI vs. CABG for Left Main Disease Meta-analysis of 4 RCTs, 1,611 Patients

1-Year MACCE



Capodanno et al, *JACC*2011;58:1426-32

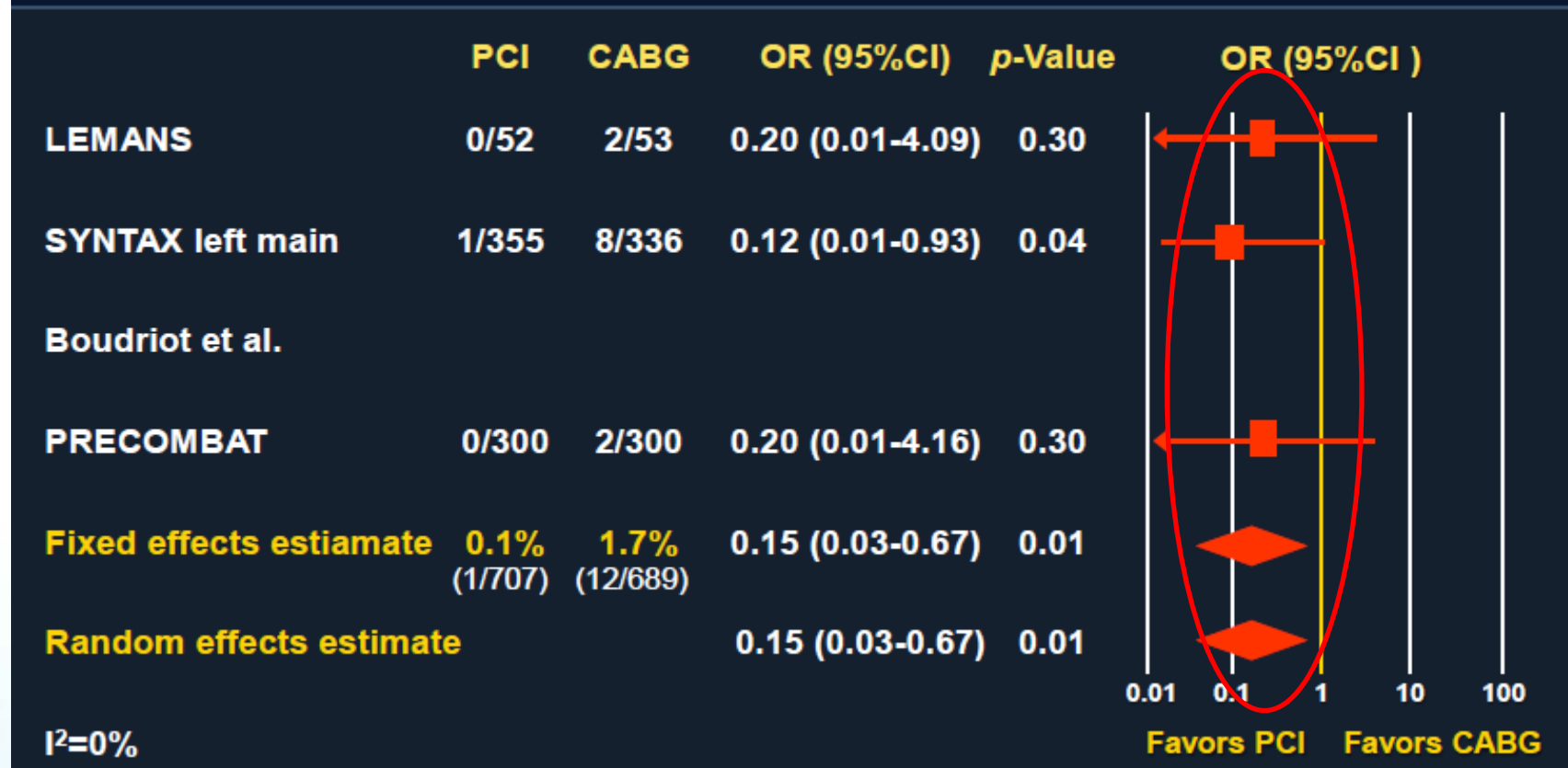
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PCI vs. CABG for Left Main Disease

Meta-analysis of 4 RCTs, 1,611 Patients

1-Year Stroke



Capodanno et al, *JACC*2011;58:1426-32

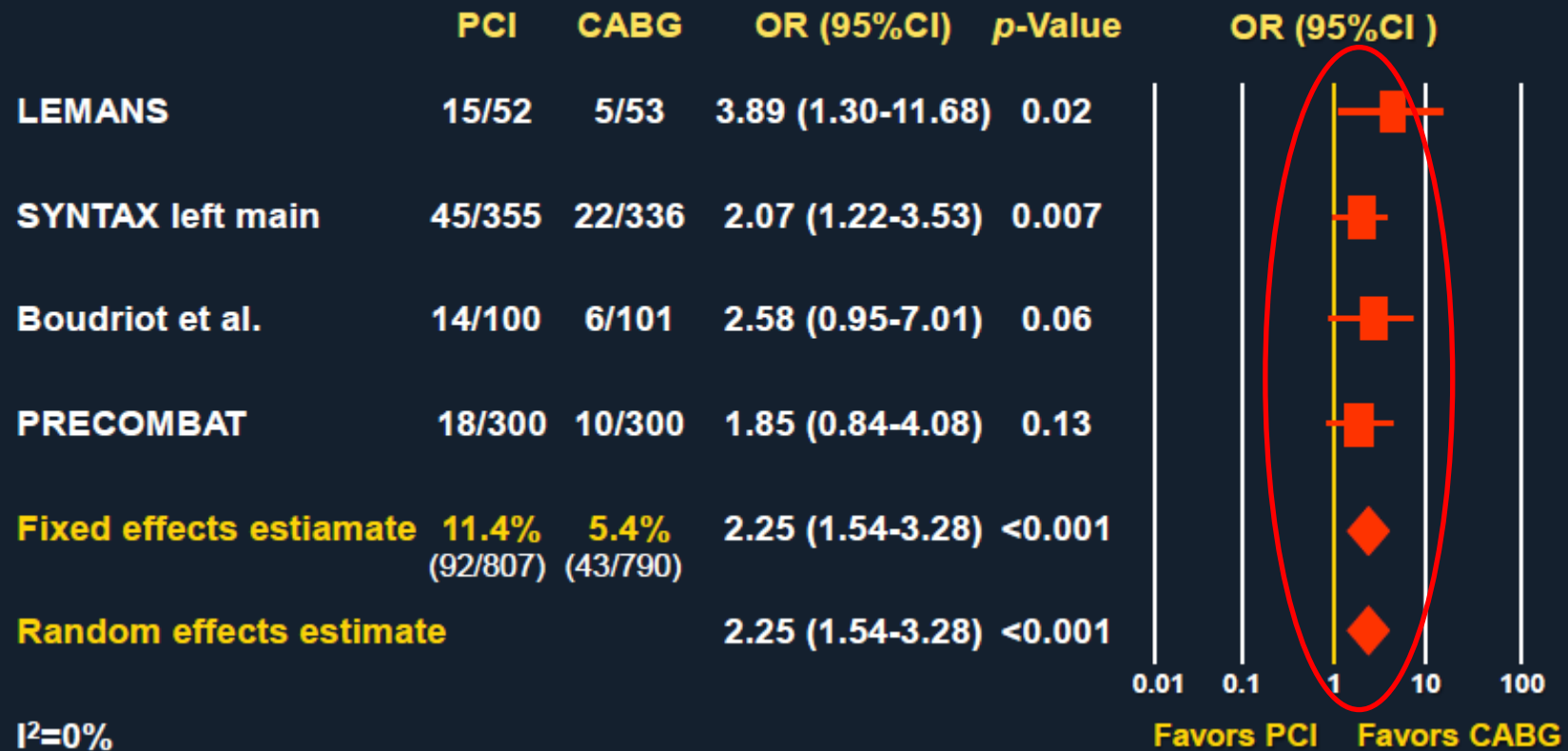
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PCI vs. CABG for Left Main Disease

Meta-analysis of 4 RCTs, 1,611 Patients

1-Year Repeat Revascularization



Capodanno et al, *JACC*2011;58:1426-32

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Percutaneous Coronary Intervention vs. Coronary Artery Bypass Graft Surgery for Unprotected Left Main Coronary Artery Disease in the Drug-Eluting Stents Era

– An Aggregate Data Meta-Analysis of 11,148 Patients –

Mahboob Alam, MD; Henry D. Huang, MD; Saima A. Shahzad; Biswajit Kar, MD;
Salim S. Virani, MD; Paul A. Rogers, MD; David Paniagua, MD; Biykem Bozkurt, MD;
Igor Palacios, MD; Neal S. Kleiman, MD; Hani Jneid, MD

"Unprotected Left Main Coronary Artery"
Limit (01/01/2003 – 12/01/2011)
= 340 citations [PubMed.gov (NLM)]
= 15 citations [ClinicalTrials.gov]



Circulation Journal
Official Journal of the Japanese Circulation Society
<http://www.j-circ.or.jp>

Additional filters applied using keywords
"Percutaneous Coronary Intervention" AND "Coronary
Artery Bypass Graft"
= 116 Citations [PubMed.gov (NLM)]
No additional filters applied to ClinicalTrials.gov

**Circulation Journal
released online
October 31, 2012**

Abstracts of remaining 131 citations reviewed
independently by two investigators (M.A and H.H.)

224 citations excluded

Abstracts and Bibliography of remaining 33 citations
reviewed and 11 studies removed [duplicate data]

98 citations excluded:
- 45 Lack of comparison group
- 28 Review articles
- 11 Case Reports
- 3 Meta - analyses
- 11 Ongoing/Inactive studies

27 studies met the inclusion criteria and included in
meta-analysis [4 Randomized Clinical Trials]

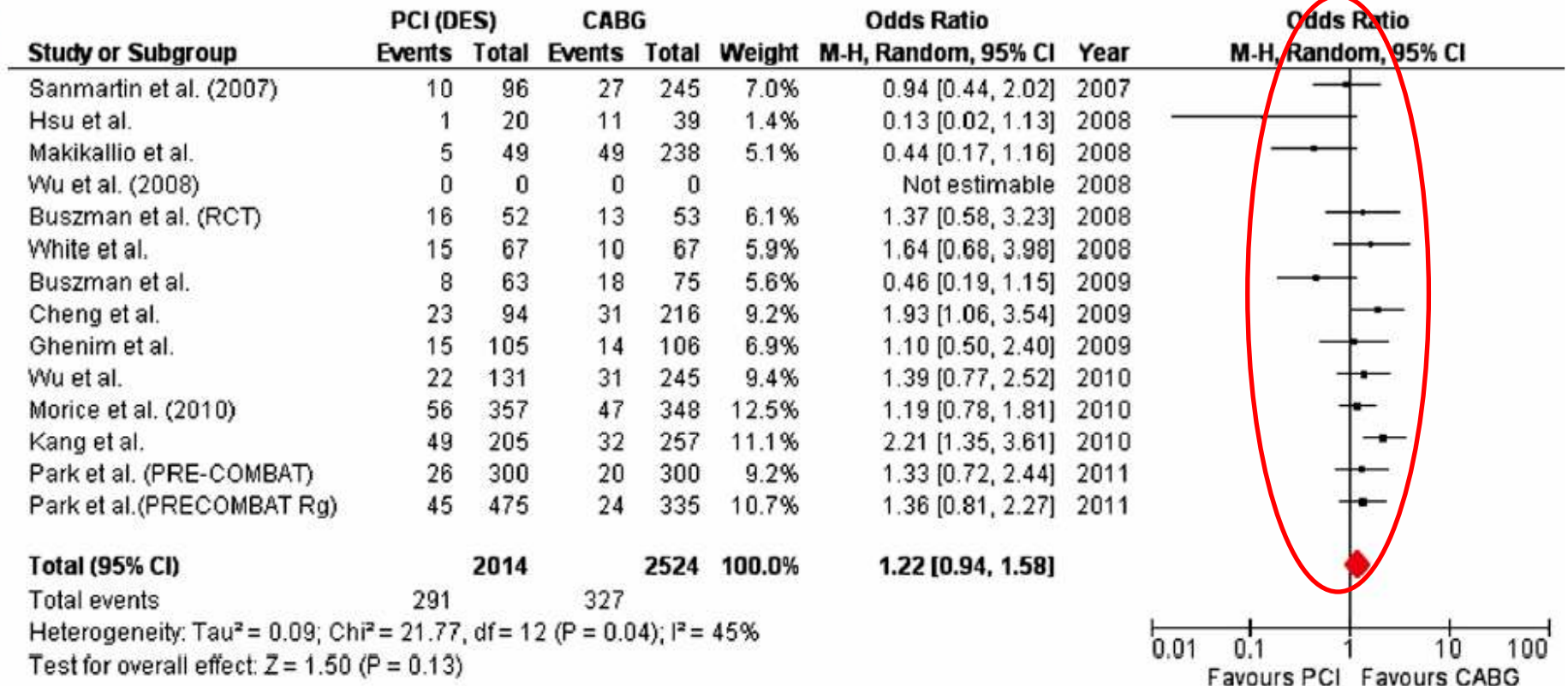
5 citations identified and
included in the meta-analysis



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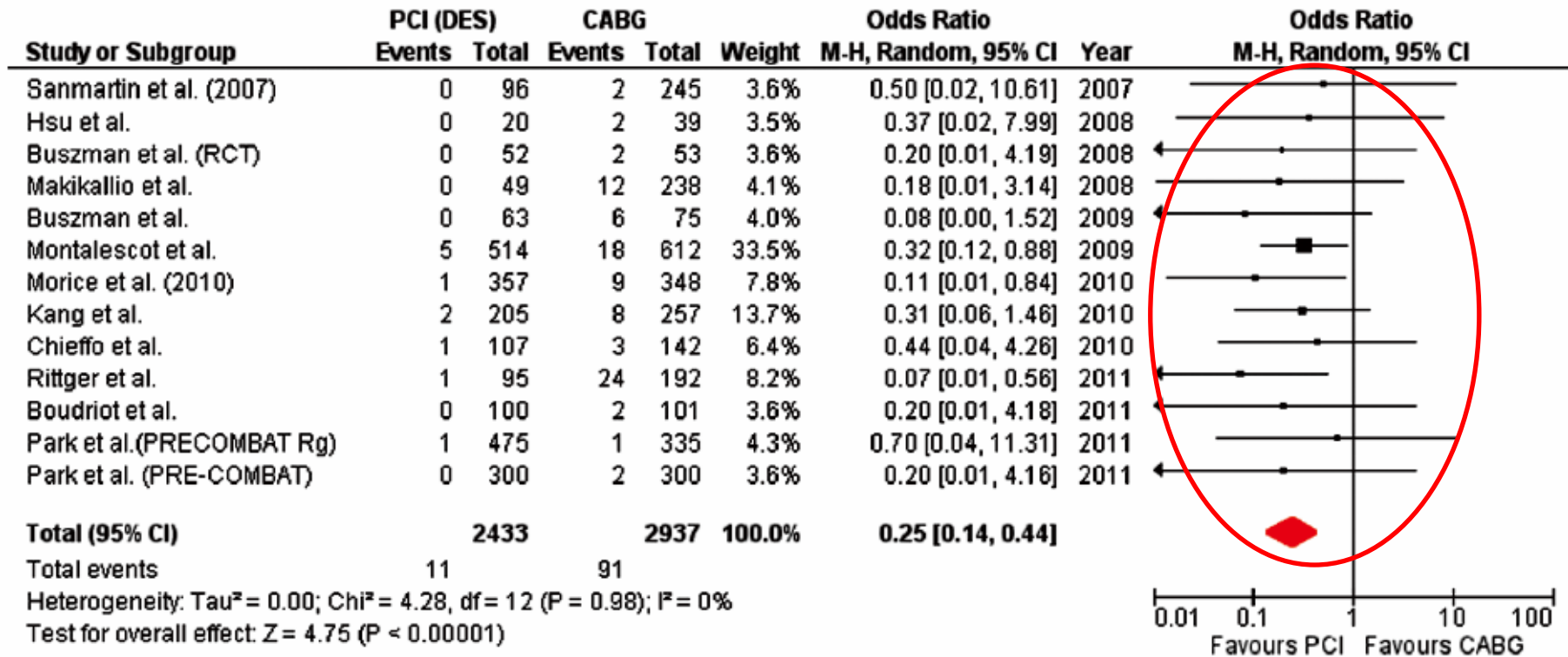
12-month major adverse cardiac and cerebrovascular events (MACCE)

C



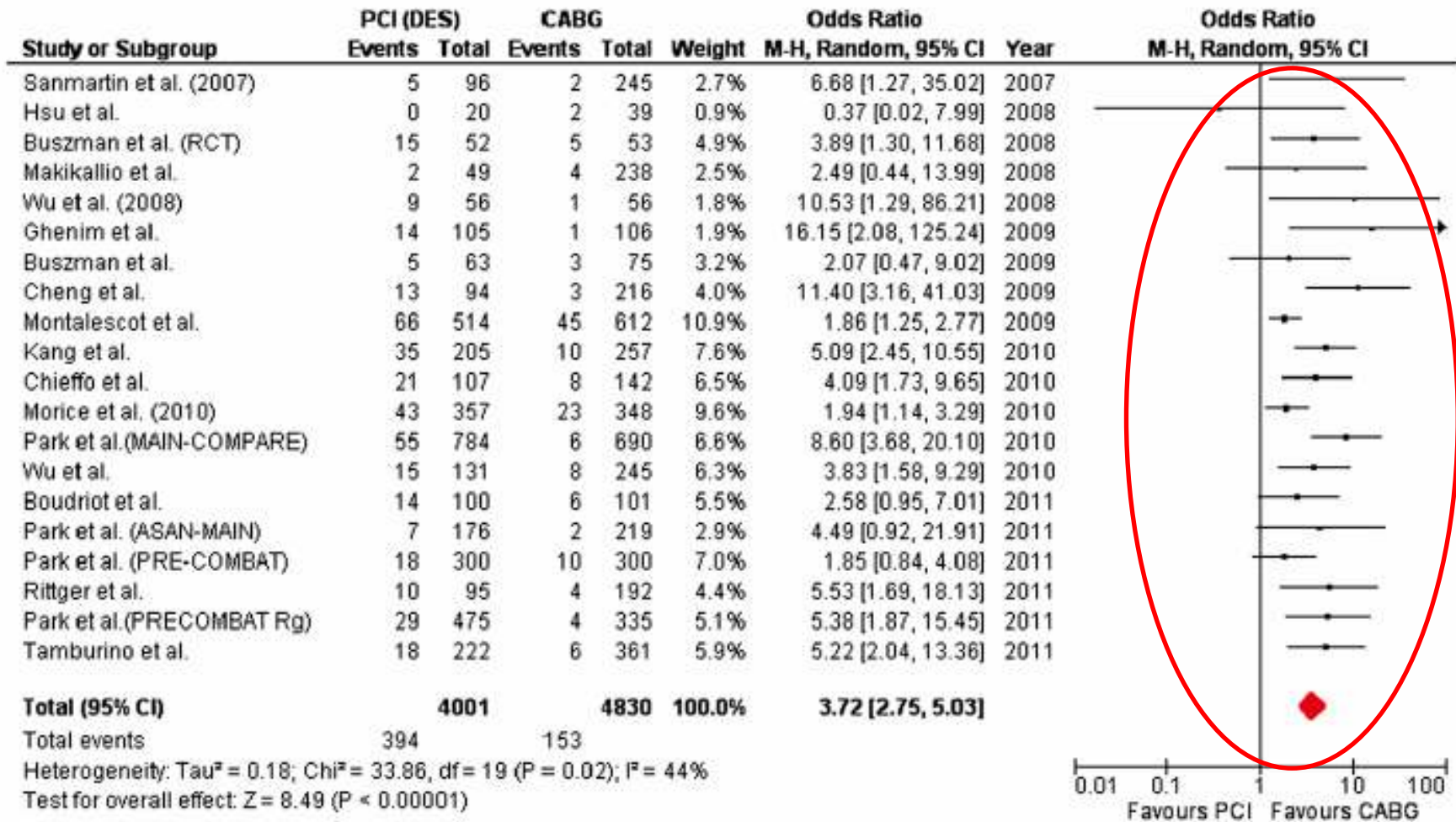
Non-fatal stroke at 12-months follow-up.

B



Repeat revascularization at 12-months follow-up.

D

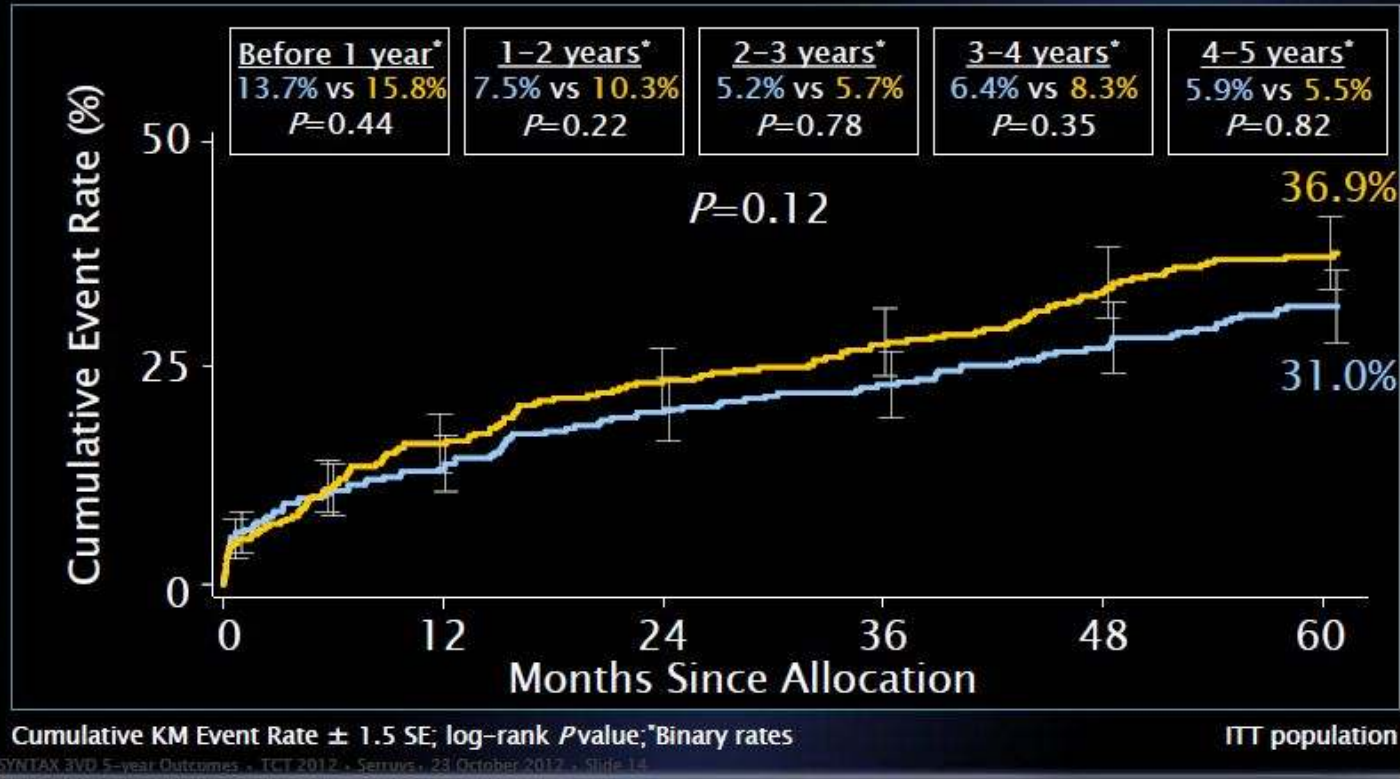


MACCE to 5 Years Left Main Subset

SYNTAX

■ CABG (N=348)

■ TAXUS (N=357)



At 5 years, overall MACCE in the PCI group was comparable with CABG (31.0% CABG vs 36.9% PCI)

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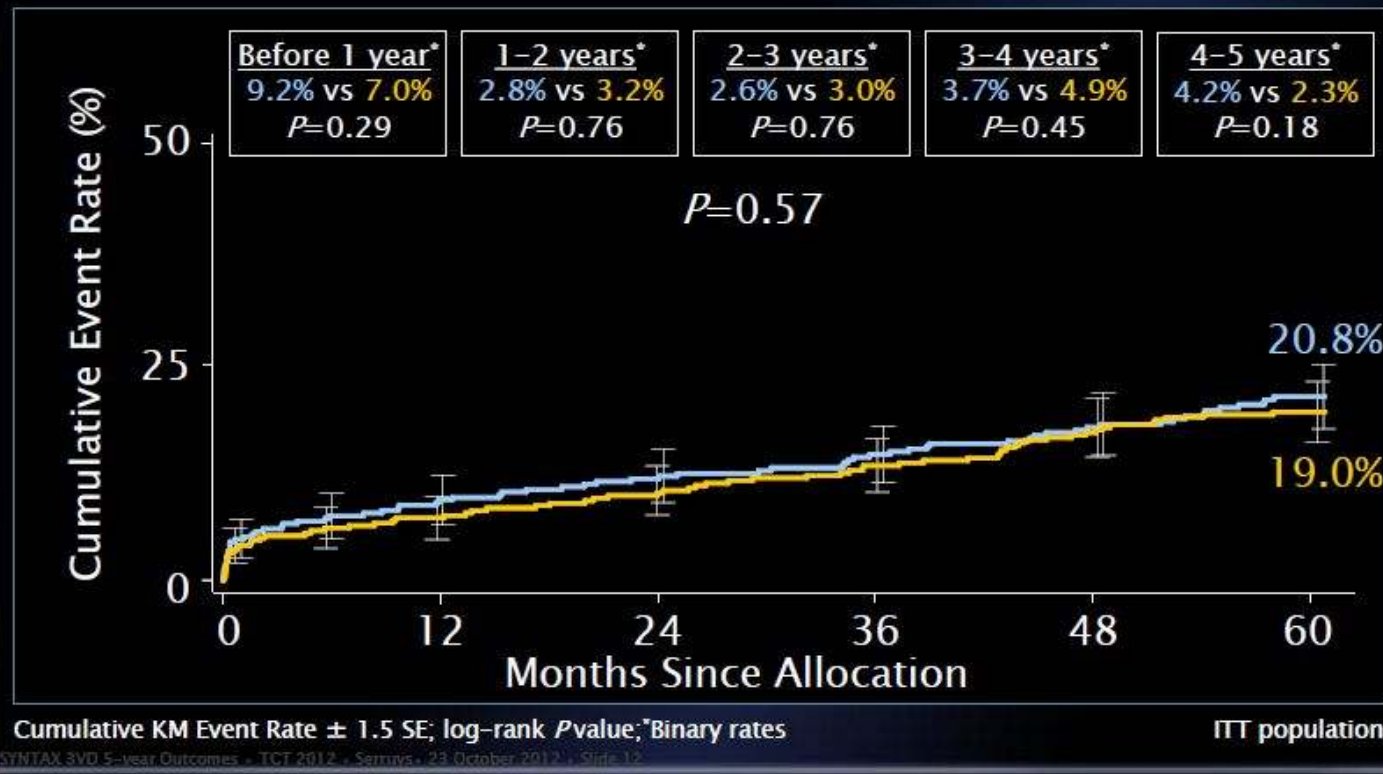


All-Cause Death/CVA/MI to 5 Years Left Main Subset

SYNTAX

■ CABG (N=348)

■ TAXUS (N=357)



**Similar overall safety outcomes between CABG and PCI at 5 years
(20.8% CABG vs 19.0% PCI)**

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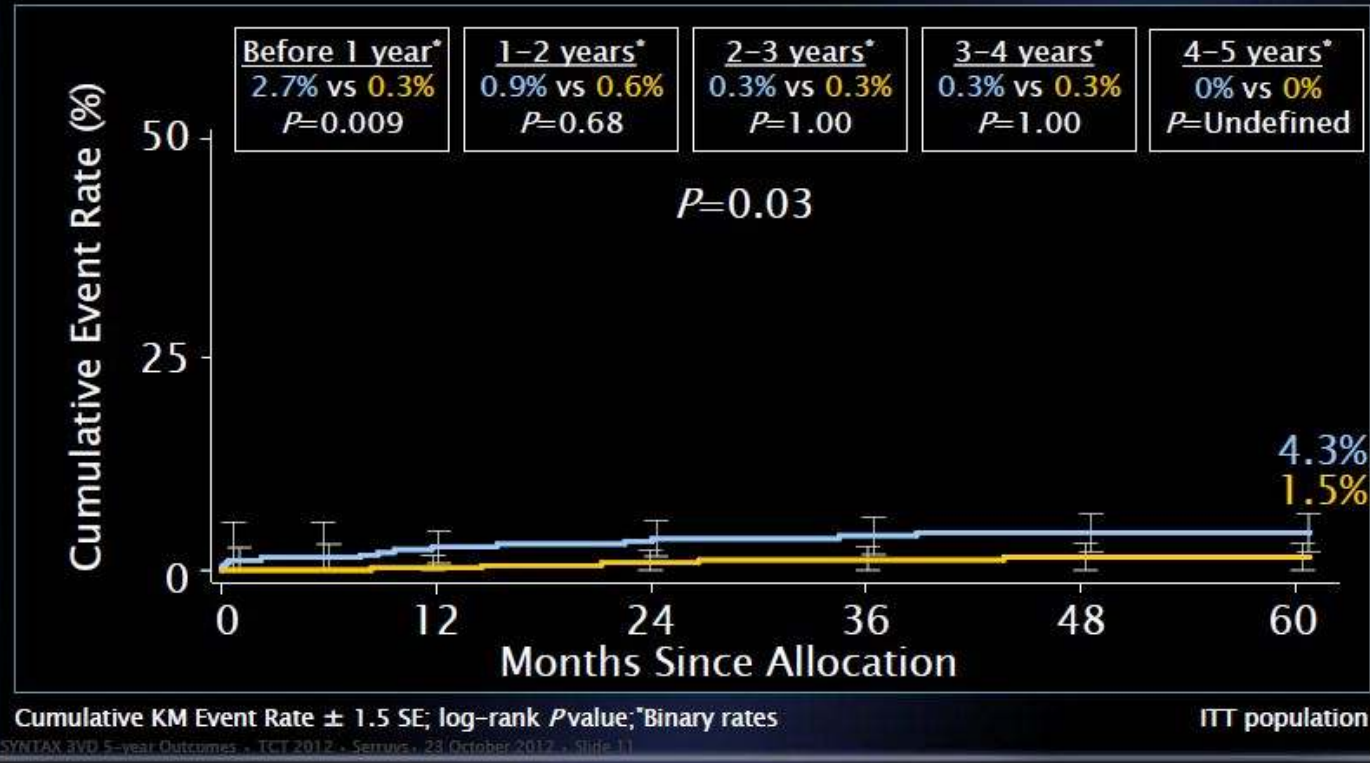


CVA to 5 Years Left Main Subset

SYNTAX

CABG (N=348)

TAXUS (N=357)



A higher rate of CVA in the CABG group (4.3% CABG vs 1.5% PCI) was driven mostly by periprocedural events, with no difference between groups after 1 year



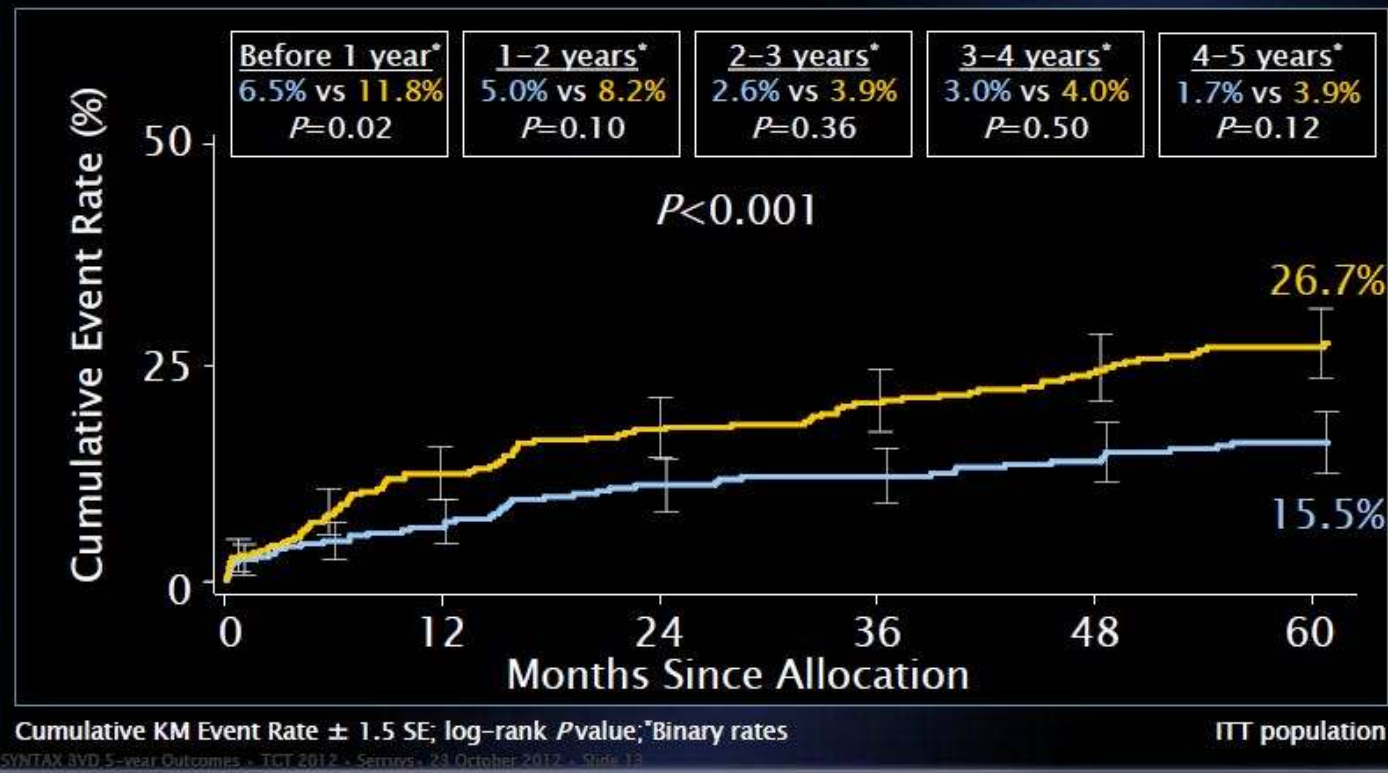
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Repeat Revascularization to 5 Years *Left Main Subset*

SYNTAX

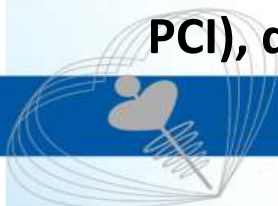
■ CABG (N=348)

■ TAXUS (N=357)



There was a higher rate of revascularization in the PCI group (15.5% CABG vs 26.7% PCI), driven primarily by patients with high baseline SYNTAX scores

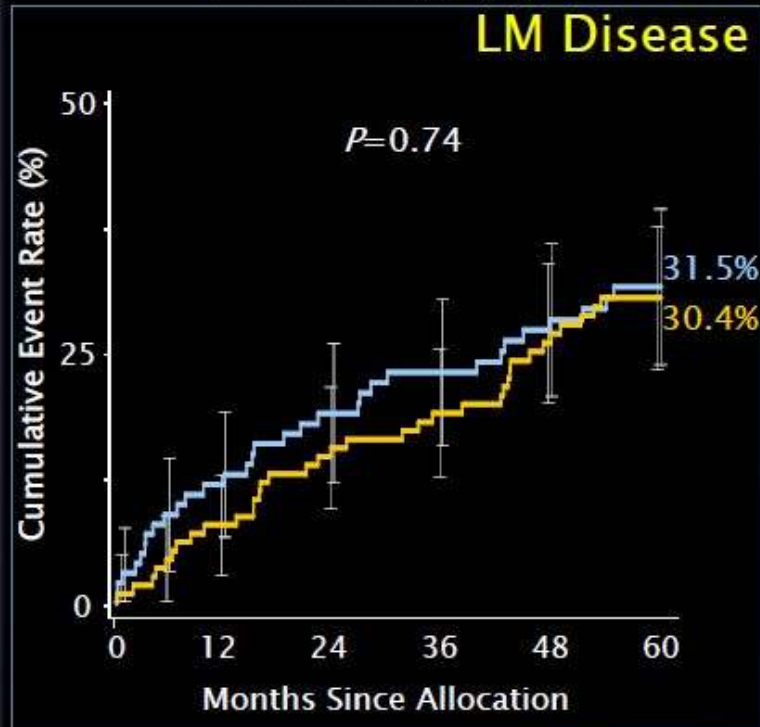
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MACCE to 5 Years by SYNTAX Score Tercile LM Subset *Low Scores 0-22*



■ CABG (N=104)
■ TAXUS (N=118)



	CABG	PCI	P value
Death	11.3%	7.0%	0.28
CVA	4.1%	1.8%	0.28
MI	3.1%	6.2%	0.32
Death, CVA or MI	15.2%	13.9%	0.71
Revasc.	20.3%	23.0%	0.65

Cumulative KM Event Rate \pm 1.5 SE; log-rank P value
SYNTAX 3VD, 5-year Outcomes • TCT 2012 • Seminars • 23 October 2012 • Slide 17

Site-reported Data; ITT population

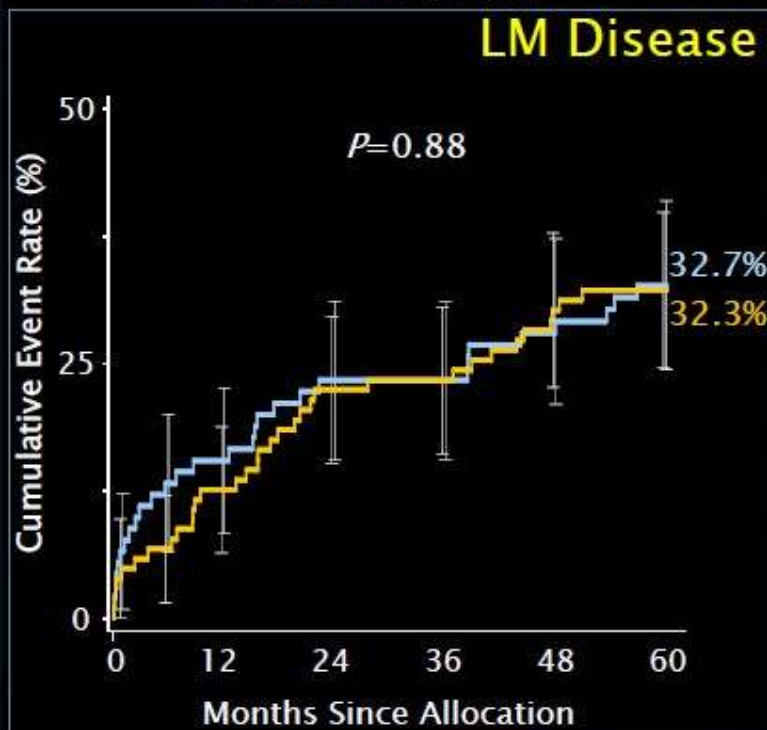


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MACCE to 5 Years by SYNTAX Score Tercile LM Subset *Intermediate Scores 23-32*

SYNTAX

■ CABG (N=92)
■ TAXUS (N=103)



	CABG	PCI	P value
Death	19.3%	8.9%	0.04
CVA	3.6%	1.0%	0.23
MI	4.6%	6.0%	0.71
Death, CVA or MI	24.9%	15.7%	0.11
Revasc.	16.6%	22.2%	0.40

Cumulative KM Event Rate \pm 1.5 SE; log-rank P value

Site-reported Data; ITT population

SYNTAX 3VD 5-year Outcomes - TCT 2012 - Serruys - 23 October 2012 - Slide 18



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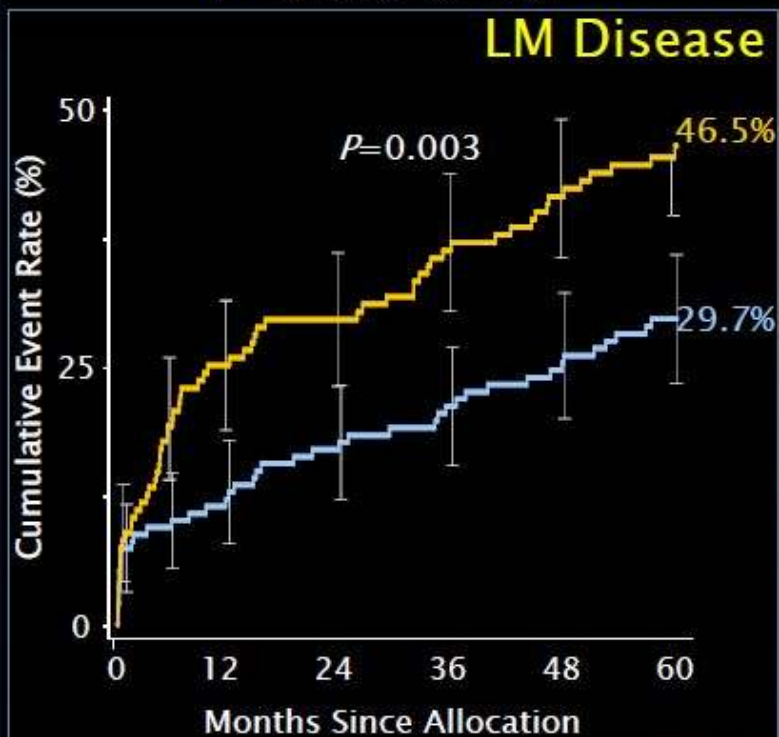
www.e-Cardio.gr

MACCE to 5 Years by SYNTAX Score Tercile

LM Subset *High Scores* ≥ 33



■ CABG (N=149)
 ■ TAXUS (N=135)



	CABG	PCI	P value
Death	14.1%	20.9%	0.11
CVA	4.9%	1.6%	0.13
MI	6.1%	11.7%	0.13
Death, CVA or MI	22.1%	26.1%	0.40
Revasc.	11.6%	34.1%	<0.001

Cumulative KM Event Rate \pm 1.5 SE; log-rank P value

Site-reported Data; ITT population

SYNTAX 3VD 5-year Outcomes • TCT 2012 • Serruys, 23 October 2012 • Slide 19



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Do all patients with Left Main disease need CABG ?



Based on these data I can conclude at this point my presentation

- ✓ ***CABG is preferred in patients with high SYNTAX SCORE***
- ✓ ***PCI is therefore a reasonable treatment alternative in this patient population, in particular, when the SYNTAX Score is low (≤ 22) or intermediate (23-32)***





NOBLE

Nordic-Baltic-British Left Main Revascularization Study

1200 pts with left main disease and
 ≤ 3 'non-complex' additional lesions

Randomize

PCI
(N=600)

CABG
(N=600)

Primary Endpoint: Death, MI, stroke or new
revascularization at 2 years



EXCEL: Study Design

4134 pts with left main disease

↓
SYNTAX score ≤ 32

Consensus agreement by heart team

↓
Yes

(N=2634)

R

PCI (Xience Prime)

(N=1317)

CABG

(N=1317)

→ **No**

(N=1500)

↓
PCI and CABG
registries
(limited in-hosp data)

Primary endpoint: Death/ MI/ CVA. Clinical follow-up: 30 days, 6 months, yearly through 5 years

P. I. Stone



EXCEL: Status

- ~160 sites from 16 countries have been chosen and are being initiated
- **As of September 5th, 107 sites have been activated, and 717 pts have been randomized!**



Issues and some thoughts in PCI for left main disease

Is the lesion in the left main significant?

What is the Ideal Technique (1 stent vs. 2 stent)

The results of PCI may be further improved by procedural guidance with intravascular ultrasound (IVUS)?

What is the role of cardiac assist devices?

What is the meaning of the heart team?

Incomplete Revascularization is associated with worse Cardiac Survival?

The new generation of thienopyridine may improve clinical outcome in patients with ULMD receiving DES.

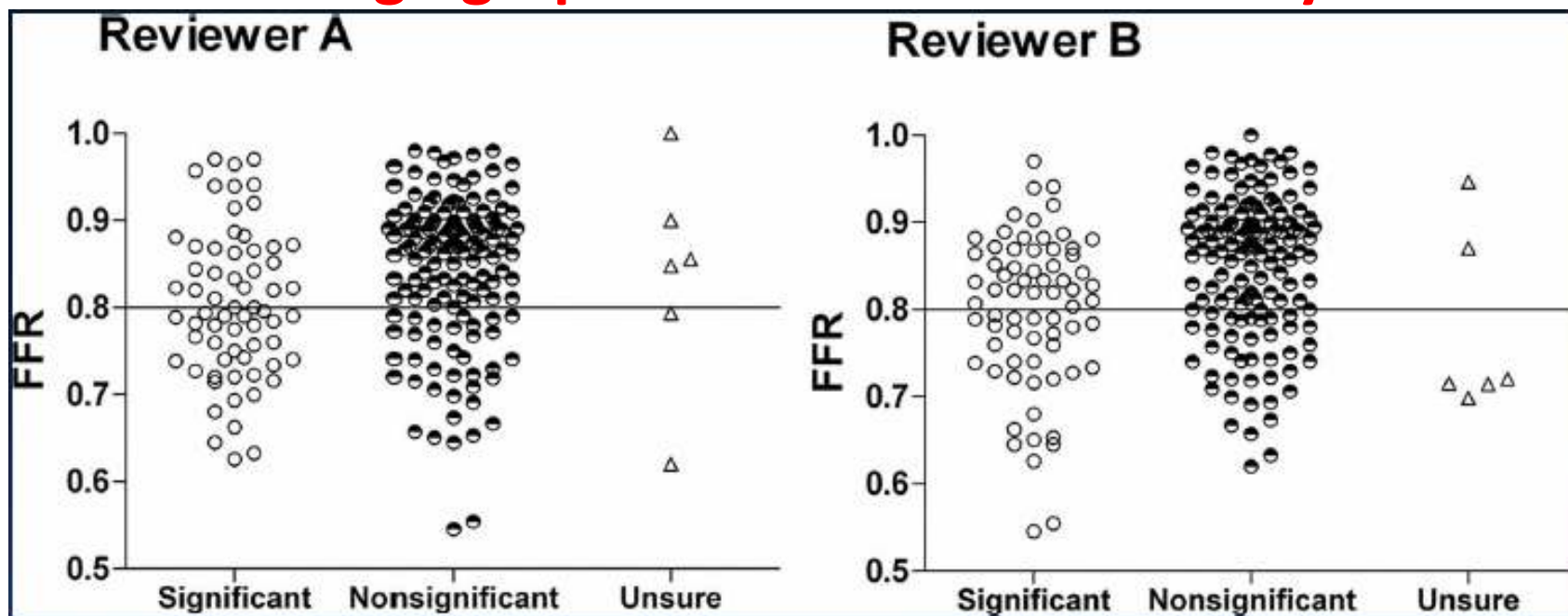


Is the lesion in the left main significant?

The most interobserver variability in the most dangerous location



Of all the coronary segments, the LM has the greatest angiographic assessment variability



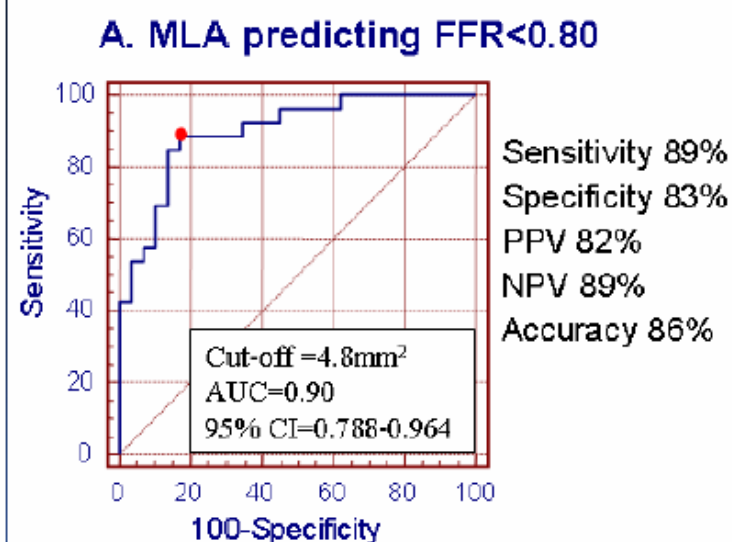
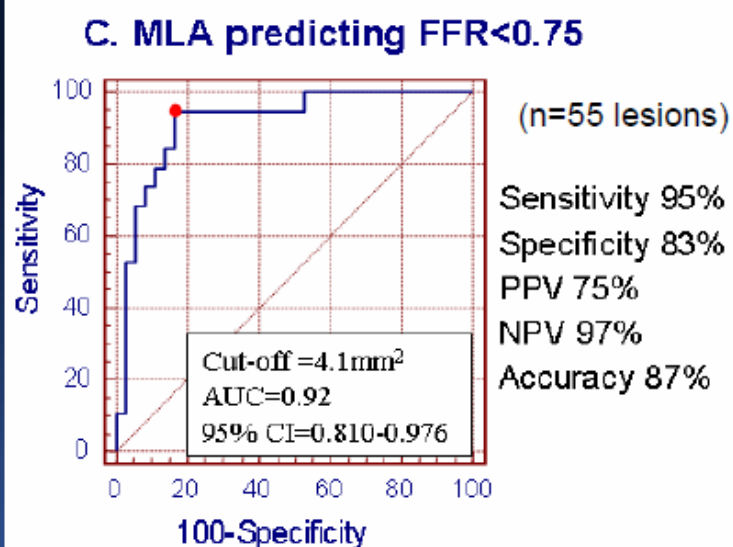
In 158 patients (74%), there was agreement between Reviewer A and Reviewer B.

Among these 158 patients, 48 were misclassified: 23 patients had an estimated DS >50% while the FFR was >0.80, and 25 patients had an estimated DS <50% while the FFR was <0.80



**Don't Use Anymore IVUS MLA of 6 mm².
It's Too Big !**

New LM IVUS MLA
Matched with FFR <0.80



4.1 mm²

4.8 mm²

Kang SJ, et al, JACC. Cardiovascular Interventions. 2011 Nov;4(11):1168-74.

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Unresolved Issues and some thoughts in PCI for left main disease

✓ Is the lesion in the left main significant?

What is the Ideal Technique (1 stent vs. 2 stent)?

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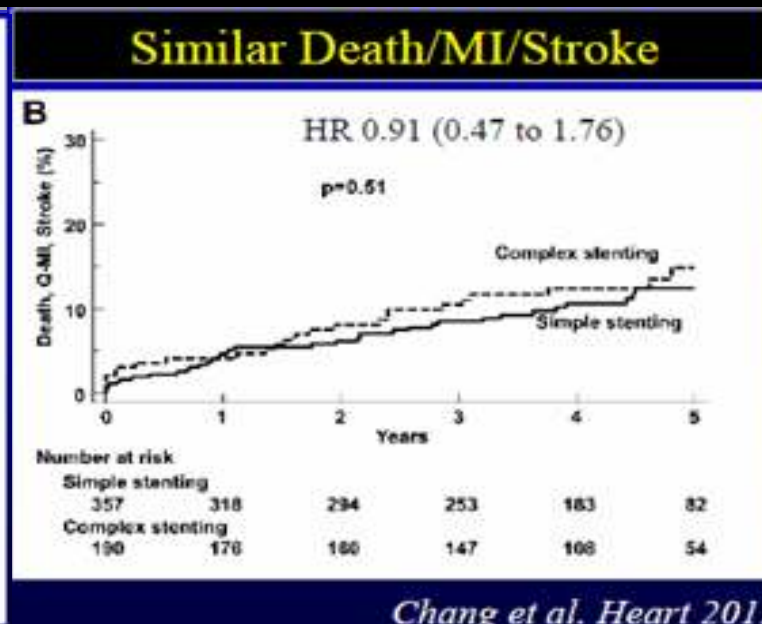
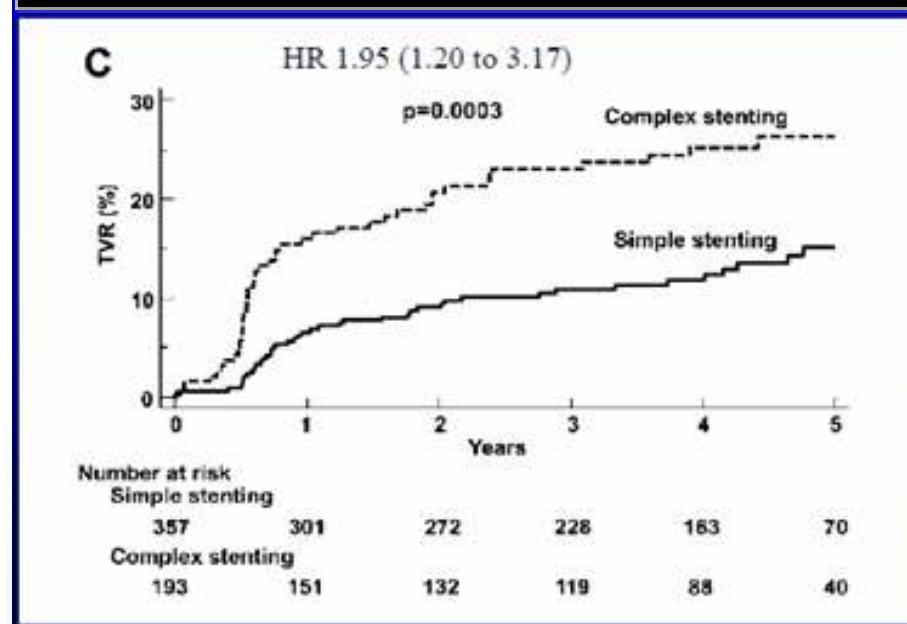
The new generation of thienopyridine may improve clinical outcome in patients with ULMD receiving DES.



Comparison of Simple vs. Complex Stenting Techniques for LM Bifurcation Disease

Simple stenting, n=360; Complex stenting (n=196); Median f/u 4.2 yrs

- **Simple stenting:** Single stent from LM across LCx, kissing ballooning optional
- **Complex stenting:** Several techniques, including T-stenting, kissing stenting, crush technique or culotte were employed.



Complex stenting technique is associated with increased TVR rates



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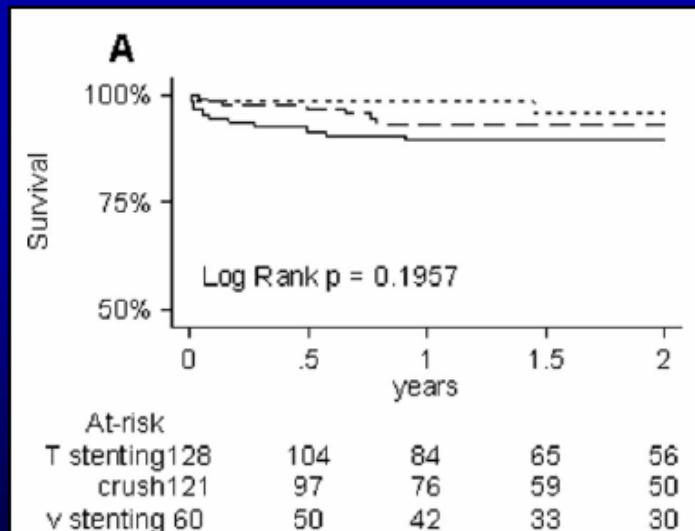
To date, no study has identified the 'optimal' distal LM method

Comparison of 2-Stent Techniques for LM Bifurcation Lesions: 2-Year Follow-up

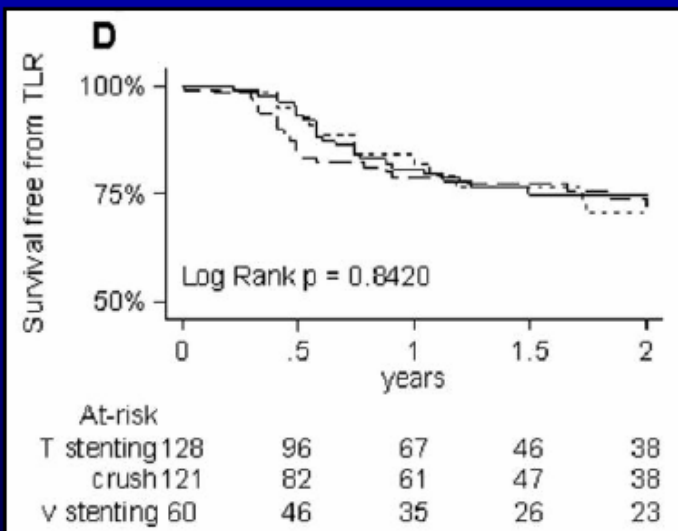
	n
T-Stenting	128
V-Stenting	60
Crush Stenting	121

No Difference in Survival,
Or Freedom from TLR

Overall Survival



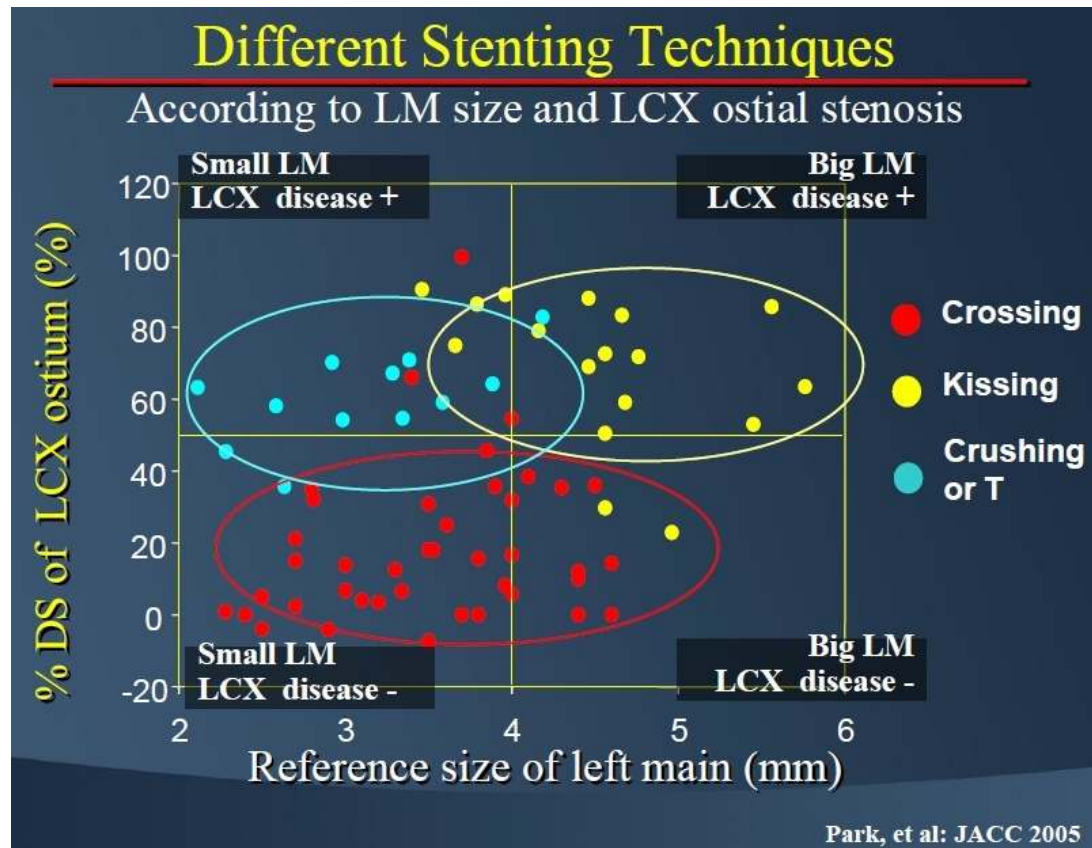
Freedom from TLR



Palmerini T. et al. *Circulation: Cardiovascular Interventions* 2010

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In the LM bifurcation the easier seems to be the safer technique.



- ✓ **Single stent provisional strategy generally preferred**
- ✓ **Two stent strategy reserved for large LCX with severe, diffuse disease, angle favoring plaque shift**



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Unresolved Issues and some thoughts in PCI for left main disease

- ✓ Is the lesion in the left main significant?
- ✓ What is the Ideal Technique (1 stent vs. 2 stent)?

The results of PCI may be further improved by procedural guidance with intravascular ultrasound (IVUS)?

What is the role of cardiac assist devices?

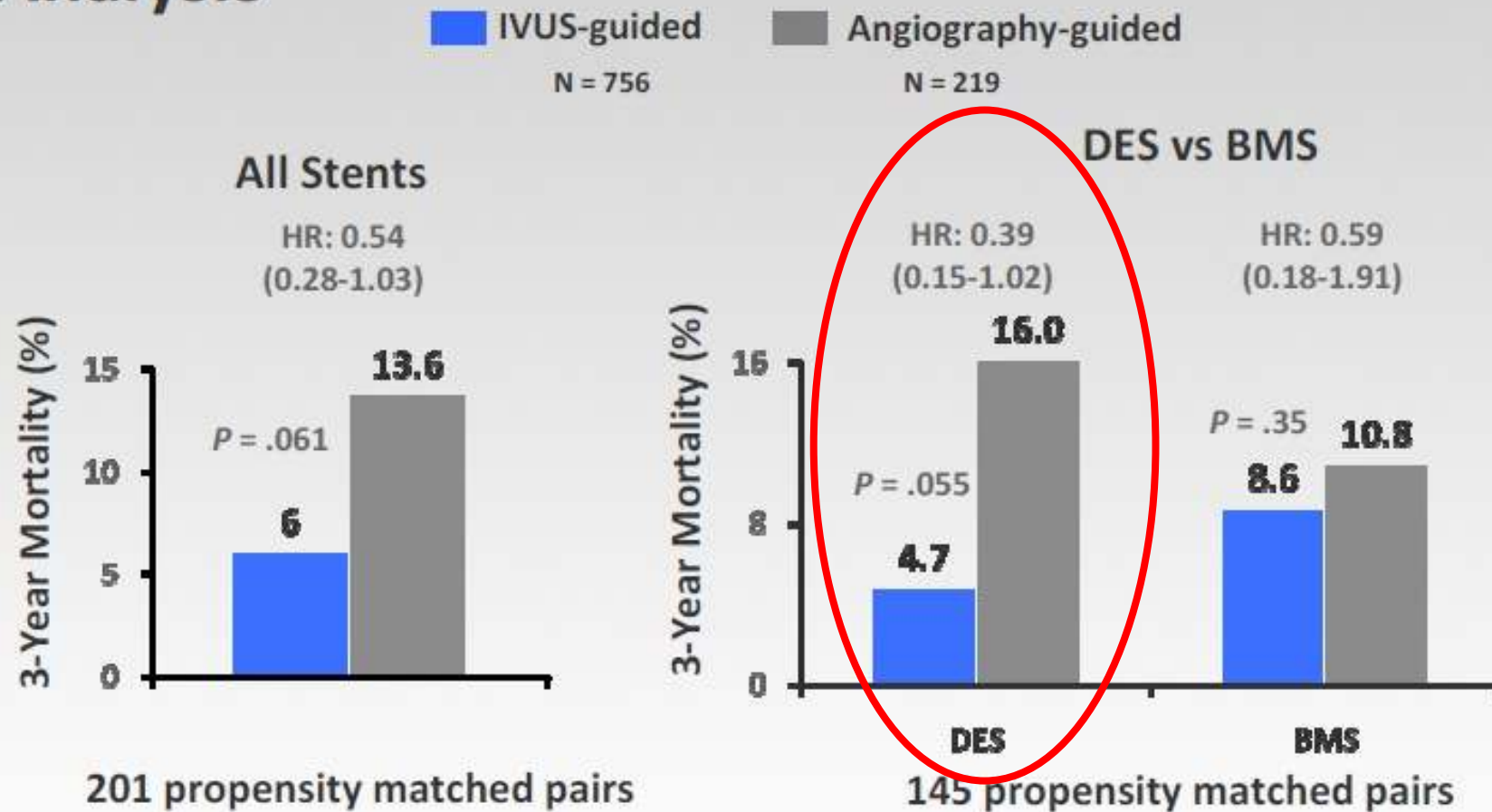
What is the meaning of the heart team?

Incomplete Revascularization is associated with worse Cardiac Survival?

The new generation of thienopyridine may improve clinical outcome in patients with ULMD receiving DES.



MAIN-COMPARE: IVUS-Guided Mortality Analysis



Park SJ, et al. *Circ Cardiovasc Intervent.* 2009;2:167-177.

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Unprotected Left Main Intervention The Light at the End of the Tunnel?

Gregg W. Stone, MD; Gary S. Mintz, MD

(Circ Cardiovasc Intervent. 2009;2:156-158.)

“As such, in agreement with the study authors, **we strongly recommend the routine use of IVUS during LMCA interventions**, first to ensure the lesion is “real” and truly requires angioplasty, and second to optimize short-term and late clinical results.

Our patients deserve no less.”

Updated 2011 ACC/AHA/SCAI GUIDELINES FOR ULMCA

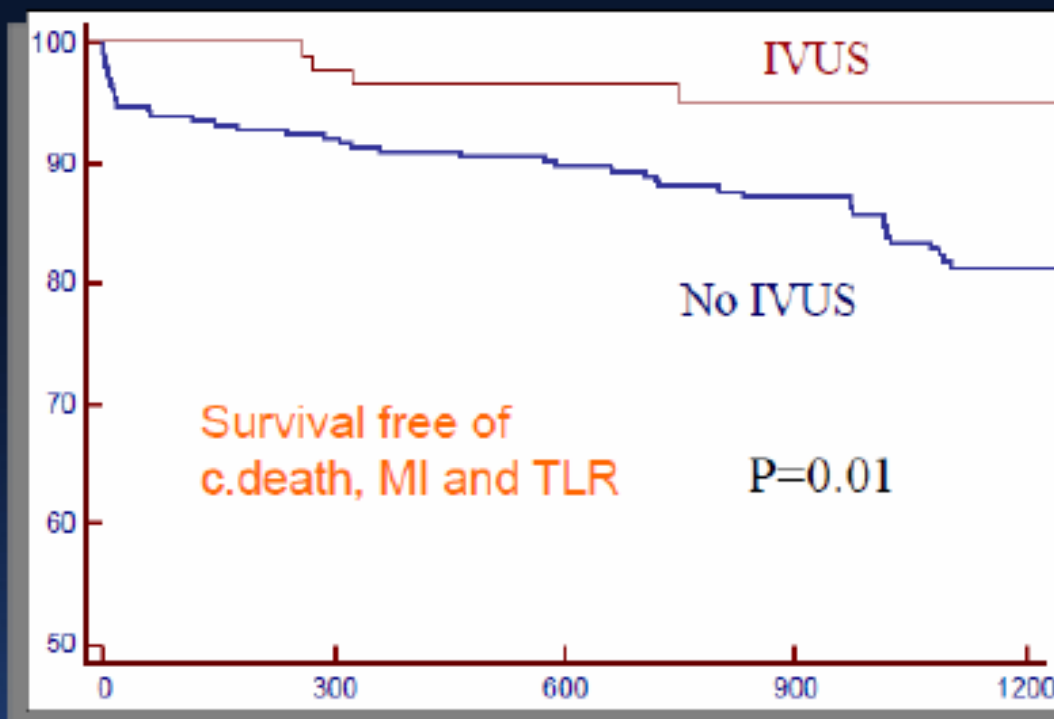
Class IIb (Level of Evidence: B) : IVUS may be considered for guidance of coronary stent implantation, particularly in cases of left main coronary artery stenting.



ESTROFA-LM Left Main IVUS Sub Study

“Distal-LM” subset and IVUS

All distal-LM cases
IVUS = 102
No IVUS = 307



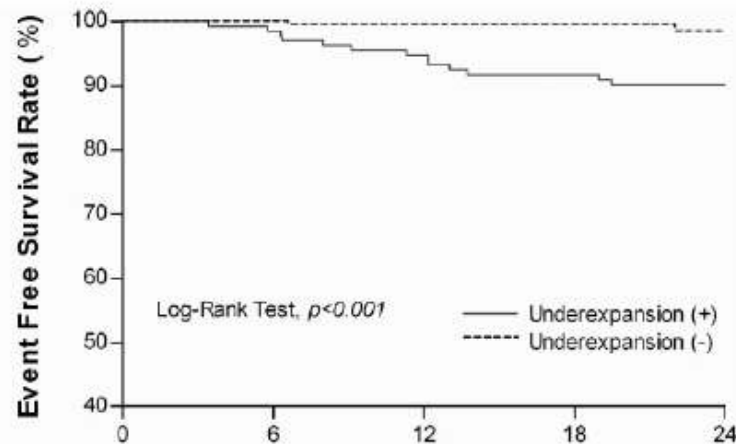
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Post-stenting underexpansion is an independent predictor of 2-year MACE and TLR

403 patients with unprotected LM stenosis undergoing post-stenting IVUS and 9-month follow-up angiography

	Hazard Ratio	95% CI	P-Value
MACE	5.557	1.993–15.491	0.001
TLR	6.08	1.944–19.015	0.002



No. at risk	0	6	12	18	24
Underexpansion (+)	133	131	126	121	75
Underexpansion (-)	260	260	255	246	129

Underexpansion
(n=133)
No underexpansion
(n=260)

Kang et al. Circulation: Cardiovascular Interventions 2012

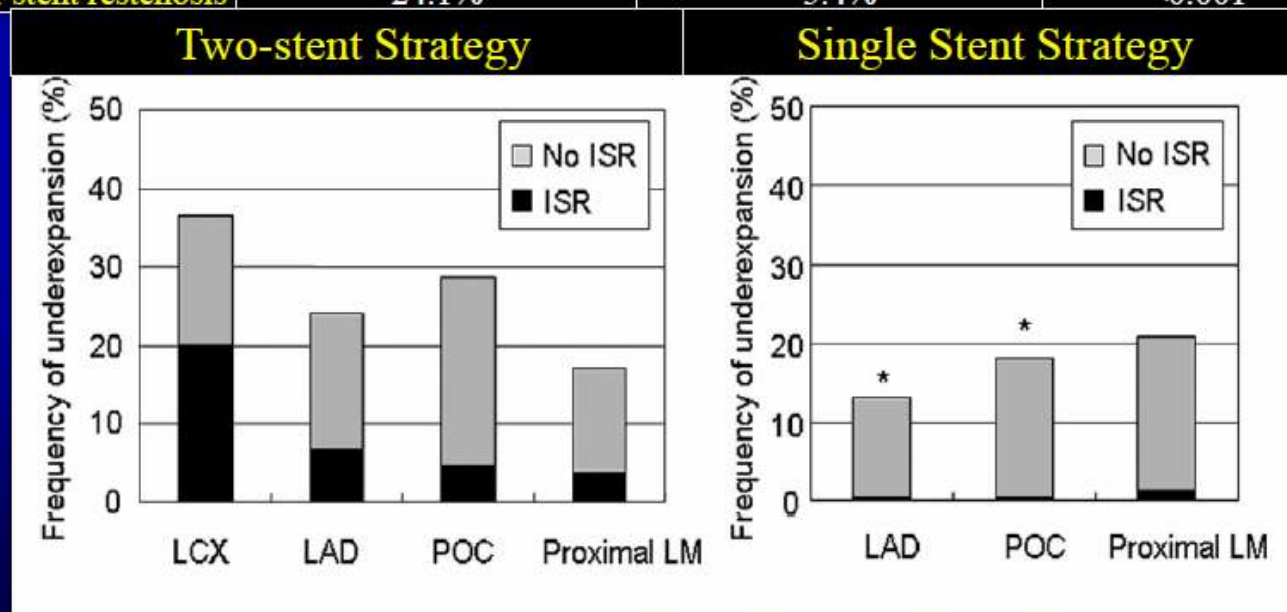


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Stent Underexpansion results in Increased In-stent Restenosis

403 patients with unprotected LM stenosis undergoing post-stenting IVUS and 9-month follow-up angiography

	Underexpansion (n=133)	No underexpansion (n=260)	P-Value
In-stent restenosis	24.1%	5.4%	<0.001



Kang et al. Circulation: Cardiovascular Interventions 2012

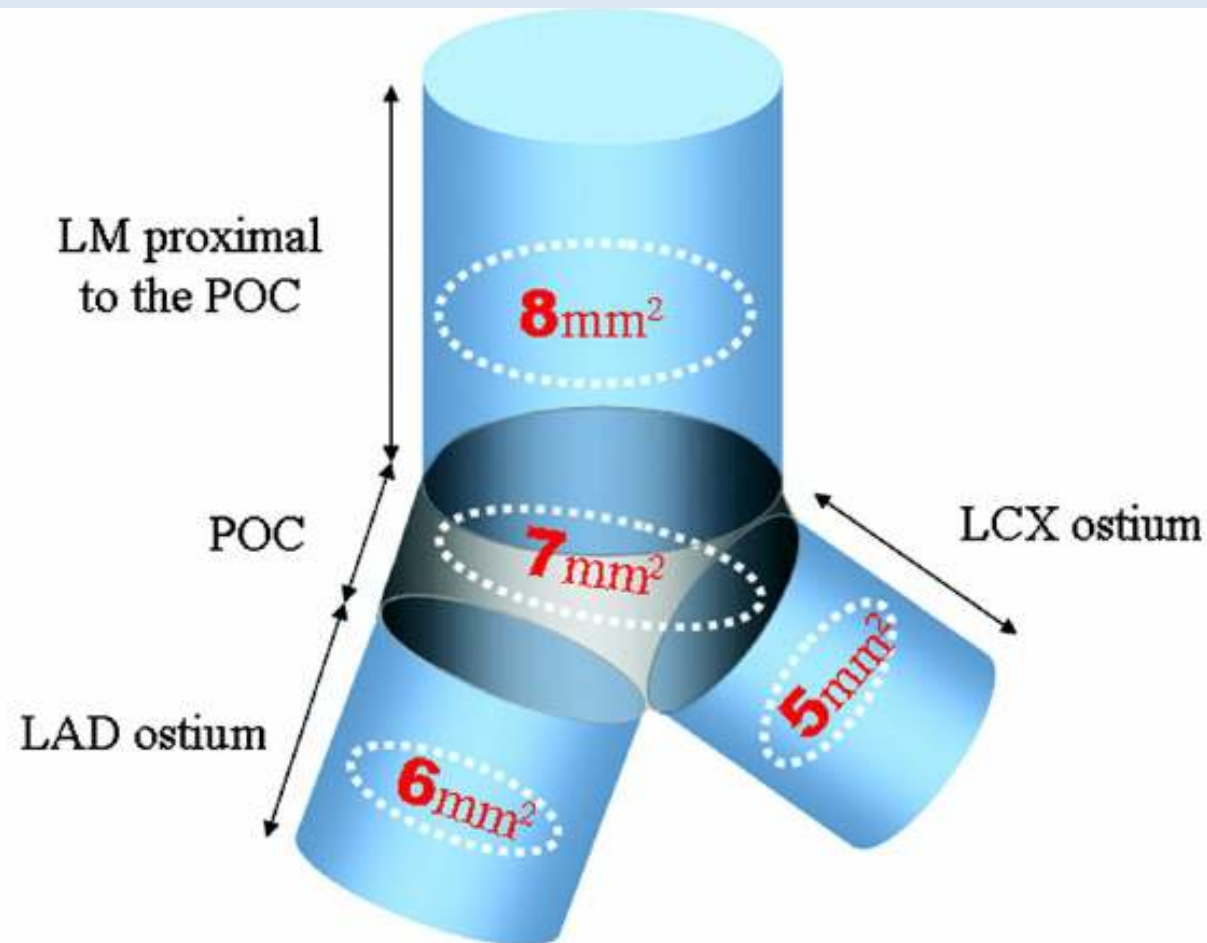
2-stent: LCX stent most frequently underexpanded and results in ISR more than half of cases

1-stent: Underexpansion is less common compared with 2 stent techniques with lower ISR



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Minimal stent area threshold values for the prediction of angiographic in-stent restenosis



Kang S et al. *Circ Cardiovasc Interv* 2011;4:562-569

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Unresolved Issues and some thoughts in PCI for left main disease

- ✓ Is the lesion in the left main significant?
- ✓ What is the Ideal Technique (1 stent vs. 2 stent)?
- ✓ The results of PCI may be further improved by procedural guidance with intravascular ultrasound (IVUS)?

What is the role of cardiac assist devices? When and Which Device ?

What is the meaning of the heart team?

Incomplete Revascularization is associated with worse Cardiac Survival?

The new generation of thienopyridine may improve clinical outcome in patients with ULMD receiving DES.



Elective Intra-aortic Balloon Counterpulsation During High-Risk Percutaneous Coronary Intervention

BCIS-1 Trial
JAMA 2010; 304(8): 867-874
A Randomized Controlled Trial

Divaka Perera, MD, MRCP

Rodney Stables, DM, FRCP

Martyn Thomas, MD, FRCP

Jean Booth, MSc

Michael Pitt, MD, FRCP

Daniel Blackman, MD, MRCP

Adam de Belder, MD, FRCP

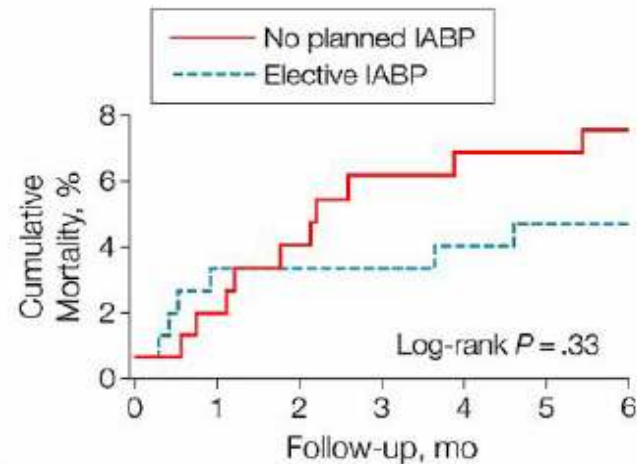
Simon Redwood, MD, FRCP

for the BCIS-1 Investigators

Context Observational studies of intra-aortic balloon pump (IABP) insertion may improve outcomes in patients undergoing coronary intervention (PCI). To determine whether elective IABP insertion reduces major adverse cardiac events (MACE) in patients with severe left ventricular dysfunction and extensive coronary disease, a randomized trial was conducted.

Objective To determine whether elective IABP insertion reduces major adverse cardiac events (MACE) in patients with severe left ventricular dysfunction and extensive coronary disease.

Design, Setting, and Patient Population A prospective, open, parallel, randomized controlled trial was conducted in 17 tertiary referral cardiac centers from January 2009. Patients (n=300) with severe left ventricular dysfunction (ejection fraction $\leq 30\%$) and extensive coronary disease were randomized to receive either no planned IABP (n=150) or elective IABP (n=150) before PCI.



Conclusions Elective IABP insertion did not reduce the incidence of MACCE following PCI. These results do not support a strategy of routine IABP placement before PCI in all patients with severe left ventricular dysfunction and extensive coronary disease.

BCIS-1 did not support routine IABP use in all patients with poor LV and **extensive territory of ischemia undergoing PCI**



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Intra-aortic Balloon Counterpulsation and Infarct Size in Patients With Acute Anterior Myocardial Infarction Without Shock

The CRISP AMI Randomized Trial

Patel, JAMA 2011

Manesh R. Patel, MD

Richard W. Smalling, MD, PhD

Holger Thiele, MD

Huiman X. Barnhart, PhD

Yi Zhou, PhD

Praveen Chandra, MD

Derek Chew, MD

Marc Cohen, MD

John French, MBChB, PhD

Divaka Perera, MD

E. Magnus Ohman, MD

Context Intra-aortic balloon counterpulsation (IABC) is an adjunct to revascularization in patients with cardiogenic shock and reduces infarct size when placed prior to reperfusion in animal models.

Objective To determine if routine IABC placement prior to reperfusion in patients with anterior ST-segment elevation myocardial infarction (STEMI) without shock reduces myocardial infarct size.

Design, Setting, and Patients An open, multicenter, randomized controlled trial, the Counterpulsation to Reduce Infarct Size Pre-PCI Acute Myocardial Infarction (CRISP AMI) included 337 patients with acute anterior STEMI but without cardiogenic shock at 30 sites in 9 countries from June 2009 through February 2011.

Intervention Initiation of IABC before primary percutaneous coronary intervention (PCI) and continuation for at least 12 hours (IABC plus PCI) vs primary PCI alone.

Main Outcome Measures Infarct size expressed as a percentage of left ventricular (LV) mass and measured by cardiac magnetic resonance imaging performed 3 to 5

Conclusion Among patients with acute anterior STEMI without shock, IABC plus primary PCI compared with PCI alone did not result in reduced infarct size.

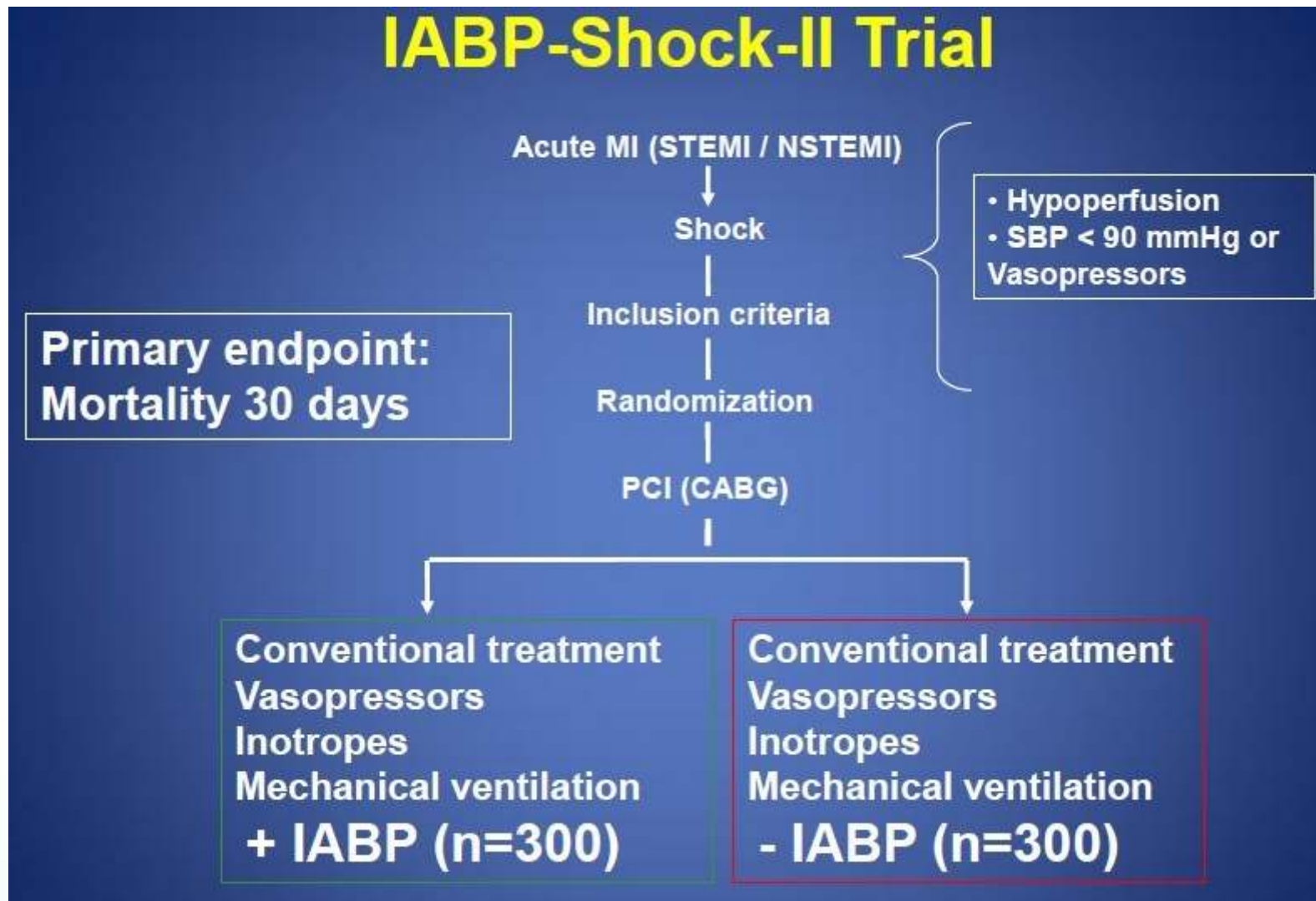
CRISP-AMI did not support routine IABP use in anterior PAMI



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IABP-Shock-II Trial

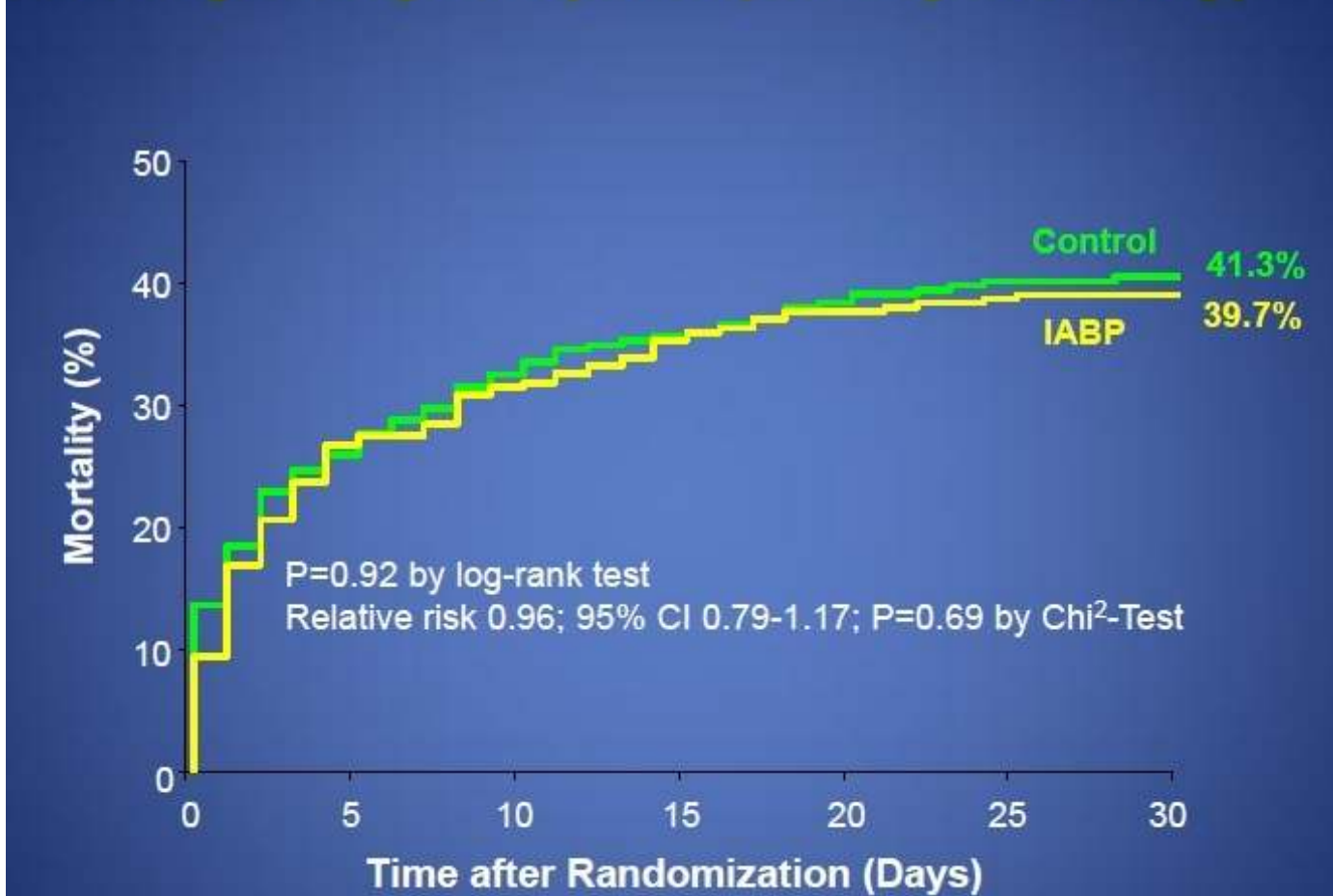


NEJM 2012

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Primary Study Endpoint (30-Day Mortality)



No added benefit from IABP post PCI in cardiogenic shock



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PROTECT II: Prospective Randomized Clinical Trial of Hemodynamic Support with Impella 2.5 vs. Intra-aortic Balloon Pump in High-Risk PCI

After DSMB stopped trial for futility, results analyzed for 448 pts.

Major Adverse Events	IABP	Impella 2.5	P Value
Intent to Treat			
30 Days ^a	40.1%	35.1%	0.277
90 Days	49.3%	40.6%	0.066
Per Protocol			
30 Days	42.2%	34.3%	0.092
90 Days	51.0%	40.0%	0.023

^a Primary endpoint.

Conclusion: Impella 2.5 fails to reduce 30-day major adverse events compared with IABP in high-risk patients undergoing PCI, but a per-protocol analysis favored the percutaneous LVAD at 90 days.

O'Neill WW, et al. *Circulation*.
2012;Epub ahead of print.

No added benefit from Impella above IABP support for 'high-risk' PCI

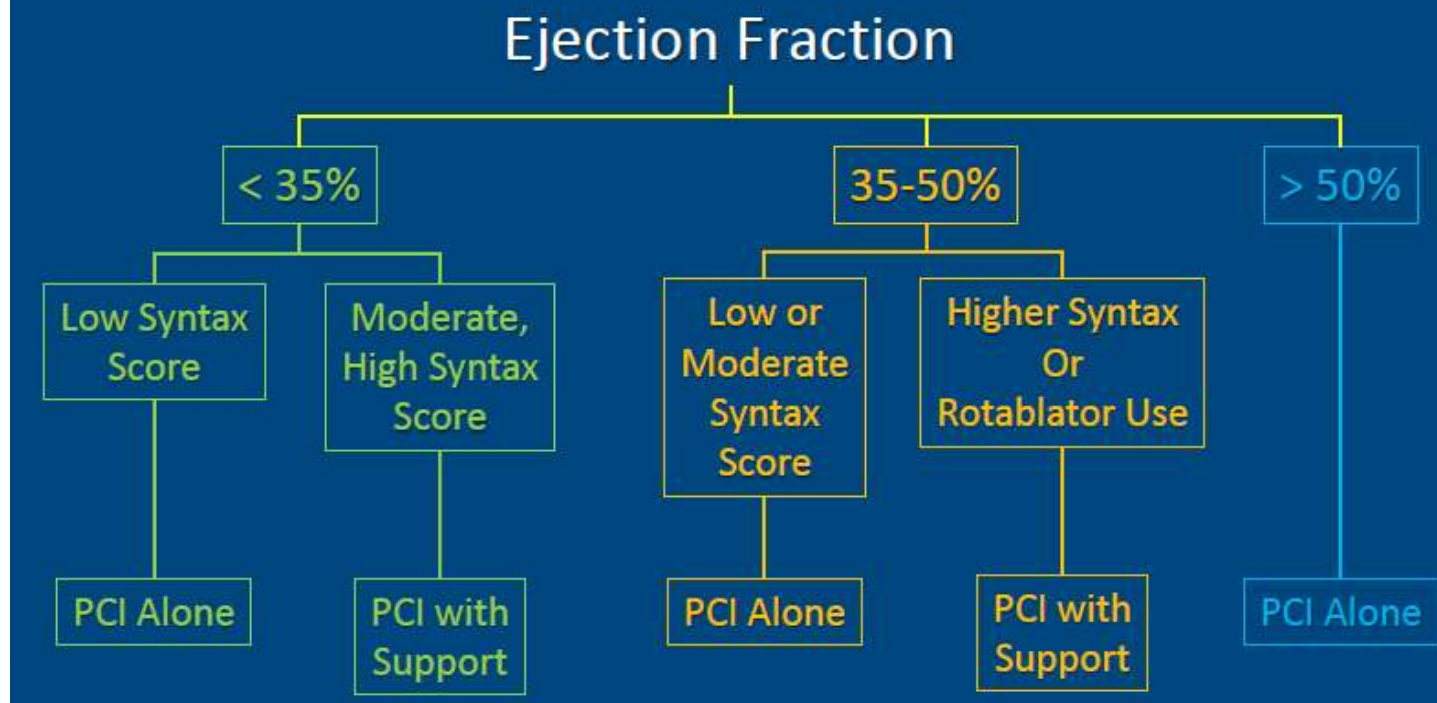


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When Would I Use Upfront Support?

Treatment Algorithm Left Main Intervention



***Most LM PCI can be performed safely without Support
(but available!)***



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Unresolved Issues and some thoughts in PCI for left main disease

- ✓ Is the lesion in the left main significant?
- ✓ What is the Ideal Technique (1 stent vs. 2 stent)?
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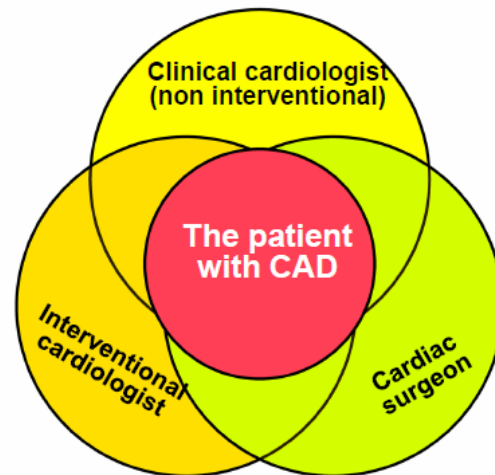
What is the meaning of the heart team?

Incomplete Revascularization is associated with worse Cardiac Survival?
The new generation of thienopyridine may improve clinical outcome in patients with ULMD receiving DES.



The meaning of HEART TEAM

The Heart Team



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Joint ESC/EACTS Guidelines for Myocardial Revascularization 2010

4.1 Patient Information

Patient information needs to be objective and unbiased, patient orientated, evidence based, up-to-date, reliable, understandable, accessible, relevant and consistent with legal requirements. **Informed consent requires transparency, especially if there is controversy about the indication for a particular intervention. Specialty bias and self referral should not interfere with the process.**

4.2 Multidisciplinary decision making (Heart Team)

The creation of a Heart Team serves the purpose of a balanced multidisciplinary decision process. **Standard protocols compatible with the current Guidelines may be used to avoid the systematic need for case-by-case review of all diagnostic angiograms.**

	Class	Level
It is recommended that patients be adequately informed about the potential benefits and short- and long-term risks of a revascularisation procedure. Enough time should be spared for informed decision making.	I	C
The appropriate revascularisation strategy in patients with MVD should be discussed by the Heart Team.	I	C



It is practical as the Heart Team...

Advantages reported in the literature

...improves (consistent) decision (making more accurate according to guidelines)

...Team has more knowledge than an individual

...Increases physician and patient wellbeing

...Higher ratings of patients' experience of care

...Physicians "share the burden"

...Improves outcomes

...Liability

But remember **"Medicine is not a democracy"**



Unresolved Issues and some thoughts in PCI for left main disease

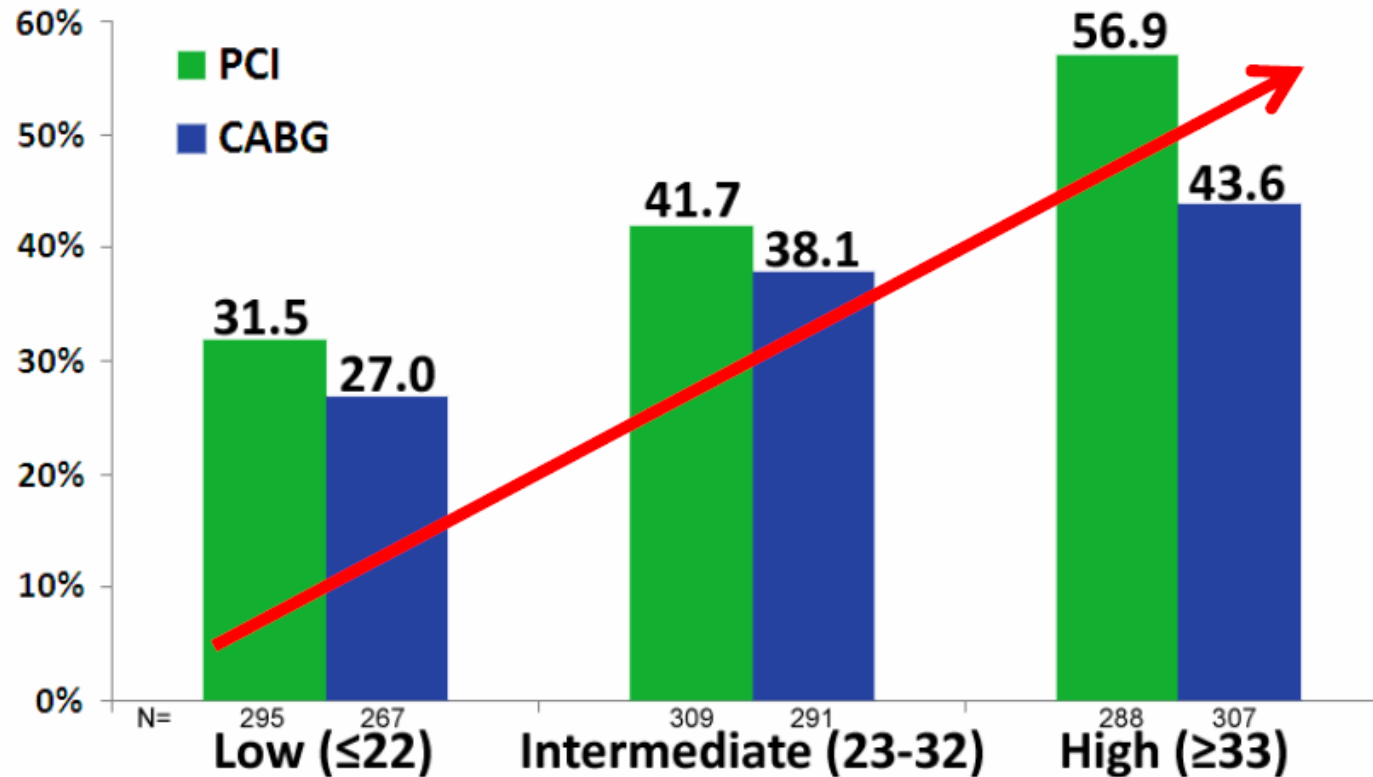
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Incomplete Revascularization is associated with worse Cardiac Survival?

The new generation of thienopyridine may improve clinical outcome in patients with ULMD receiving DES



Incomplete revascularization according to SYNTAX score



PCI → 43% (388/896)

CABG → 37% (320/870)



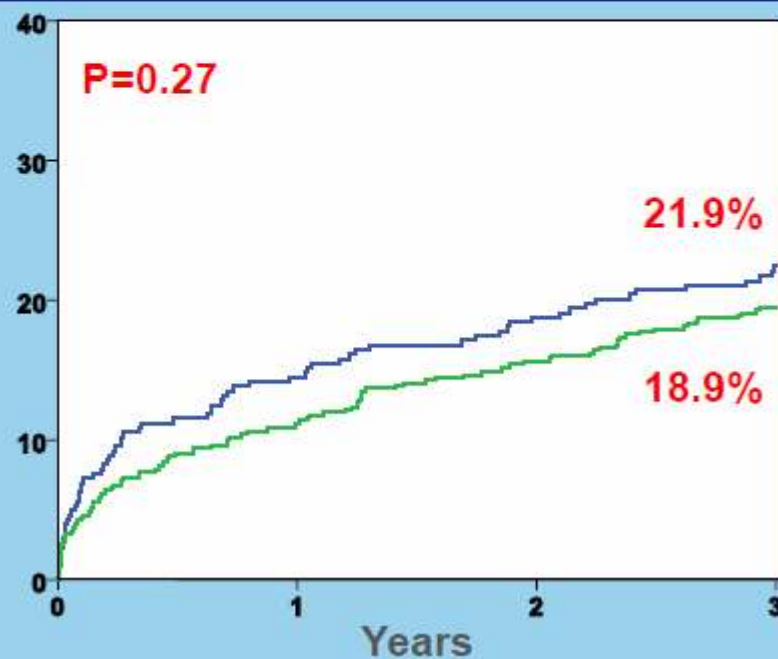
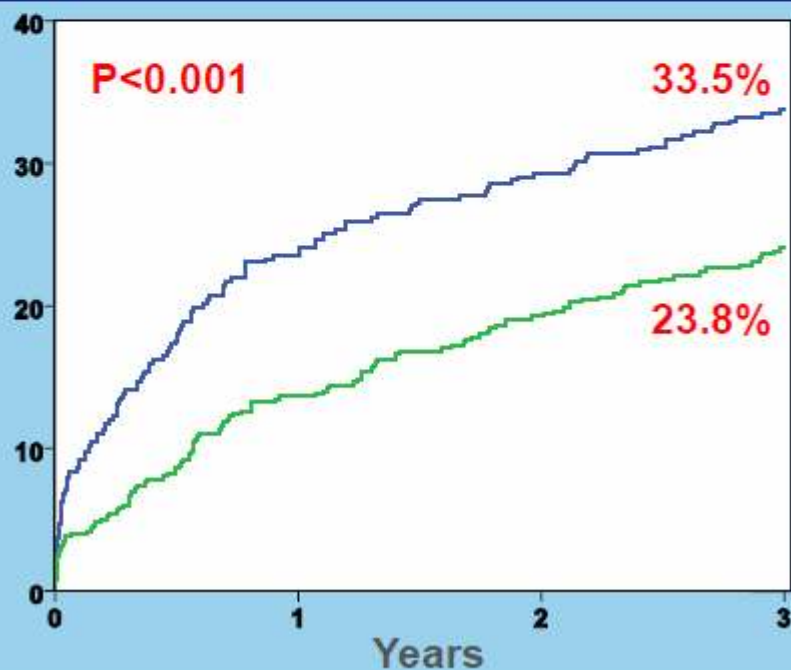
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3-year MACCE

Incomplete
Complete

PCI

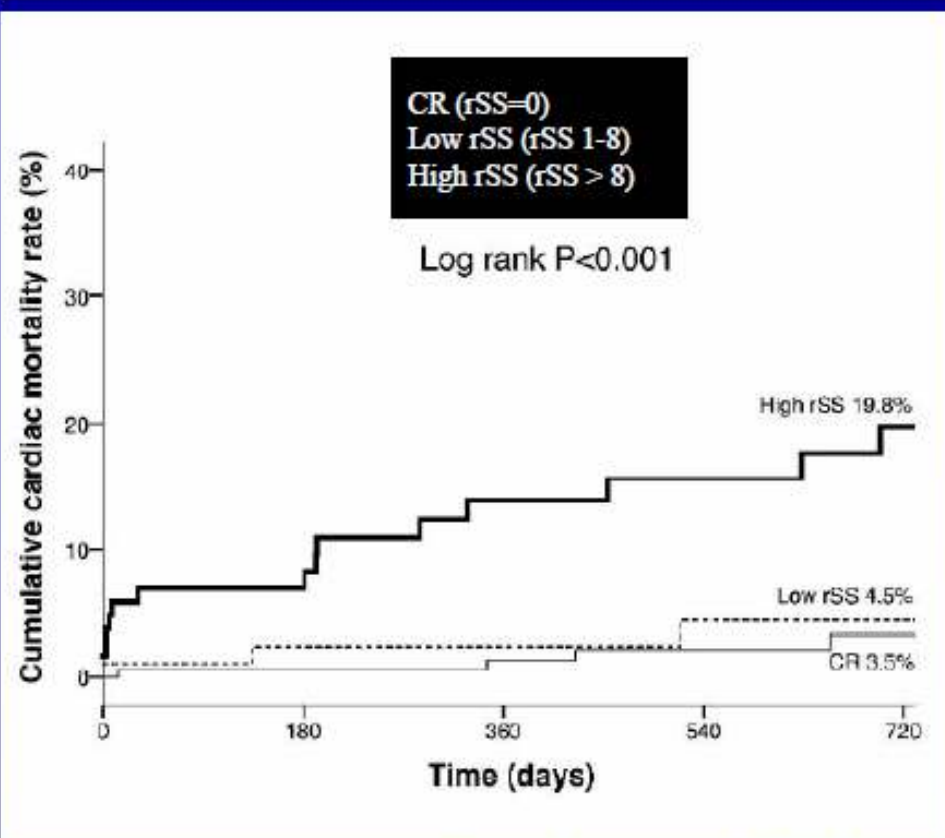
CABG



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Italian CUSTOMIZE Registry of 400 patients undergoing LM PCI

Residual SYNTAX Score > 0 is a marker of Incomplete Revascularization



Residual SYNTAX score (rSS) =
(SYNTAX score Pre-PCI) –
(SYNTAX Score post-PCI)

Capodanno et al. Catheterization and Cardiovascular Interventions 2012



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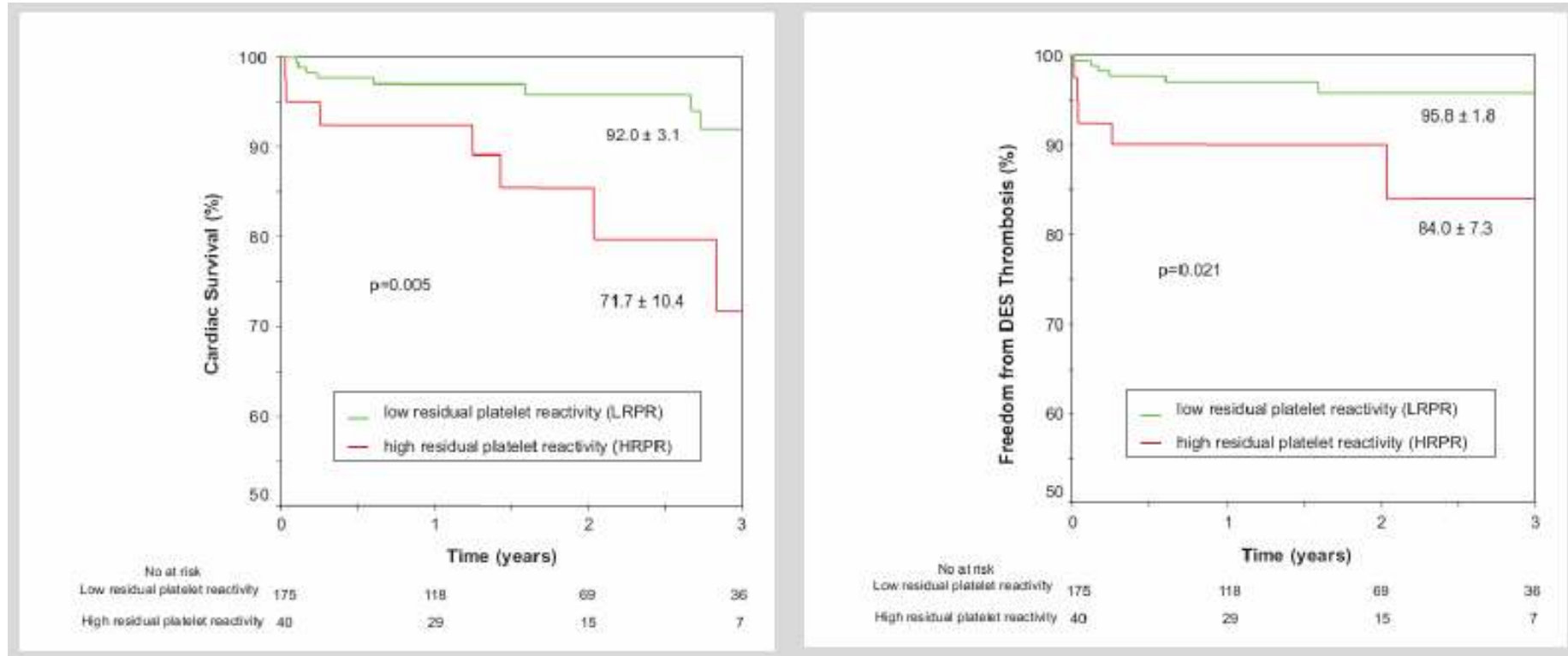
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- ✓ Incomplete Revascularization is associated with worse Cardiac Survival?

The new generation of thienopyridine may improve clinical outcome in patients with ULMD receiving DES?



High Residual Platelet Reactivity After Clopidogrel Loading and Long-Term Clinical Outcome After Drug-Eluting Stenting for Unprotected Left Main Coronary Disease



Migliorini A et al. Circulation 2009

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Florence ULMD - PCI Registry

Design

- **Design:** Prospective single-center registry of ULMD PCI treated with DES.
- **End Points:** cardiac survival & stent thrombosis at 1 year.



From 2004 to May 2011
491 pts underwent ULMD PCI with DES

Exclusion criteria:

- anticipated noncompliant to dual antiplatelet therapy (n=6)
- 1st generation DES (n=293)

192 pts underwent ULMD PCI with EES

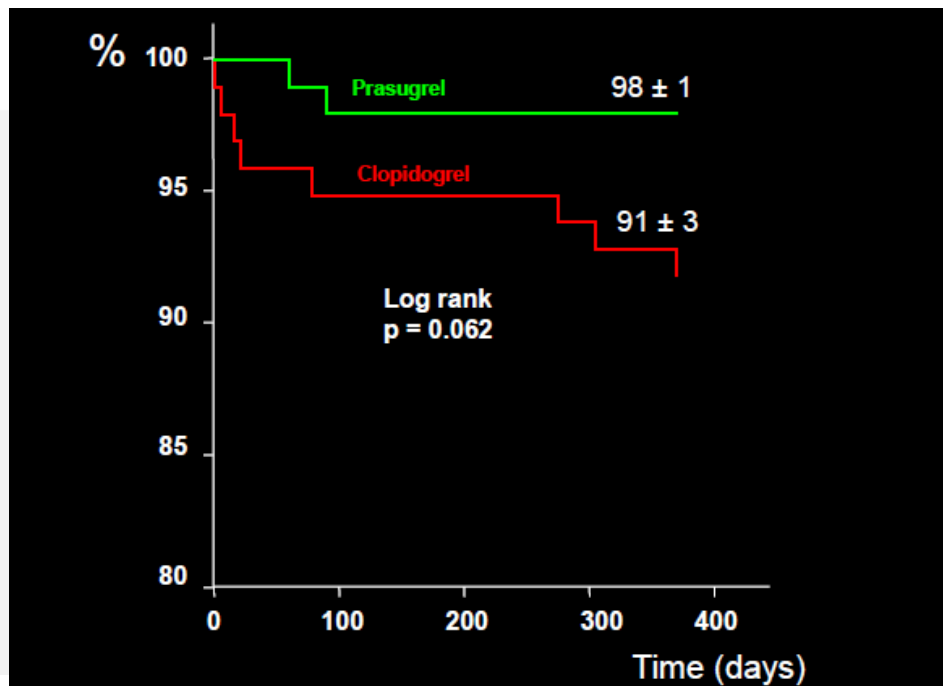
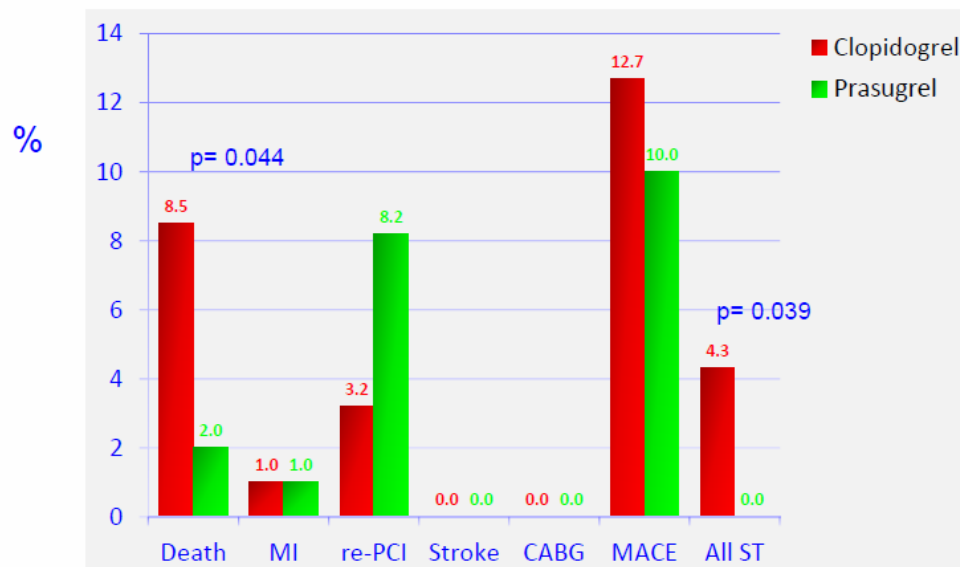
94 pts
received
Clopidogrel

98 pts
received
Prasugrel



The results of this study suggest the routine use of this synergic strategy.

One-year Clinical Outcome



The new generation of thienopyridine improves clinical outcome in all comers patients with ULMD receiving second generation DES.



Ours “Left main PCI” Spectrum

So far 59 pts



LONG-TERM OUTCOMES OF PERCUTANEOUS CORONARY INTERVENTION FOR UNPROTECTED LEFT MAIN CORONARY ARTERY DISEASE: INITIAL CLINICAL EXPERIENCE.

**Graidis Ch.¹, Dimitriadis D.¹, Karasavvidis V.¹, Psifos V.¹,
Gourgiotis K.¹, Neroladakis I.¹, Karakostas G.¹, Vogiatzis I.¹,
Dimitriadis G.¹, Voloudakis K.¹ -**

**(1) Euromedica-Kyanous Stavros, Cardiac Catheterization
Department, Thessaloniki, Greece**

Presented at

**TCT Mediterranean 2012, May 4-5 2012
Limassol, Cyprus**



Demographic and Procedural data (n=52)

Age (yrs)	64,4 1 ± 3,5
Male	42 (80.7%)
Distal LM involvement	36 (69.2%)
Isolated LM	16 (30.8%)
LM with 1-vessel disease	29 (55.8%)
Syntax Score <33	45 (86.5%)
Single stent in distal LM	30 (83.4%)
IABP support	10 (19.2%)
IVUS guidance	16 (30.7%)
Complete revascularization	41 (78.8%)
Procedural success	52 (100%)



Clinical outcome (n=52)

Follow-up period (months) 28.17±18.46

Death 0 (0%)

Myocardial infarction 0 (0%)

Stroke 0 (0%)

Repeat revascularization 5 (9.61%)

PCI 5 (9.61%)

CABG 0 (0%)

Left main re-PCI 4 (7.69%)

Stent Thrombosis 0 (0%)

MACE 5 (9.61%)



Stent vs CABG

No one can claim that PCI may replace CABG in all patients with Left Main Disease. I believe that we will find a selected group of patients who will do absolutely fine or even better with PCI and a subset of patients who will do better with bypass surgery.

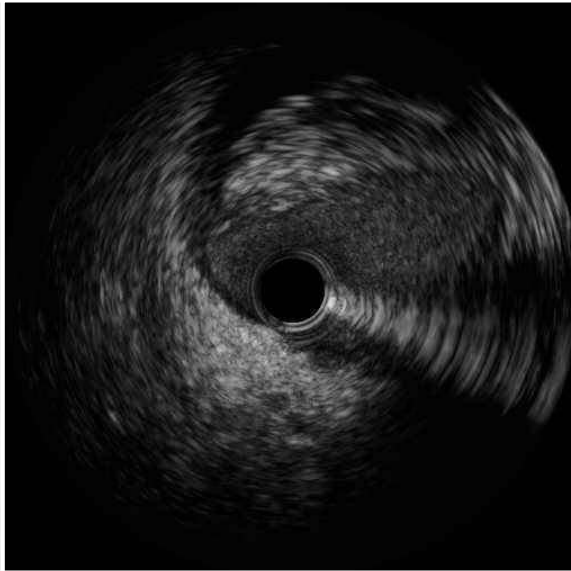


Thank you for your attention !!!!

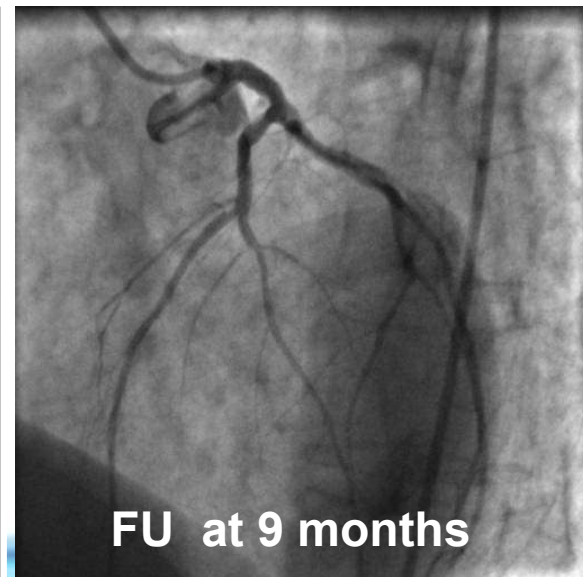
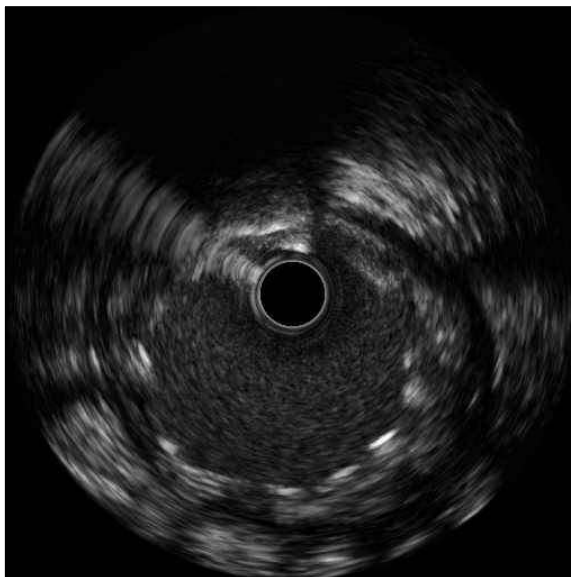


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CASE 1:
The case to
definitely pursue

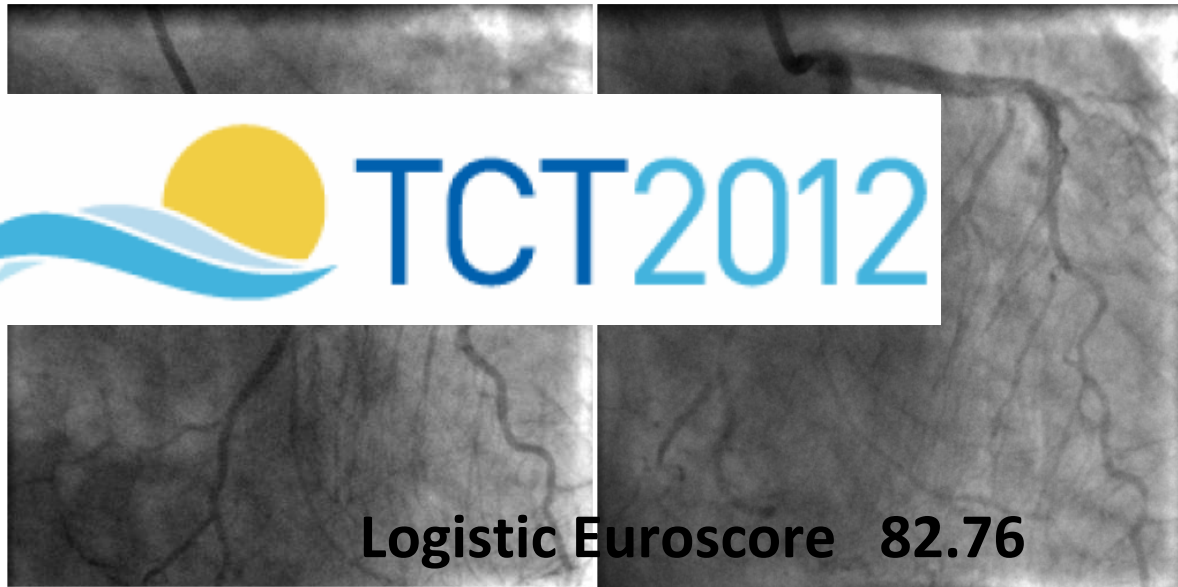


FU at 9 months

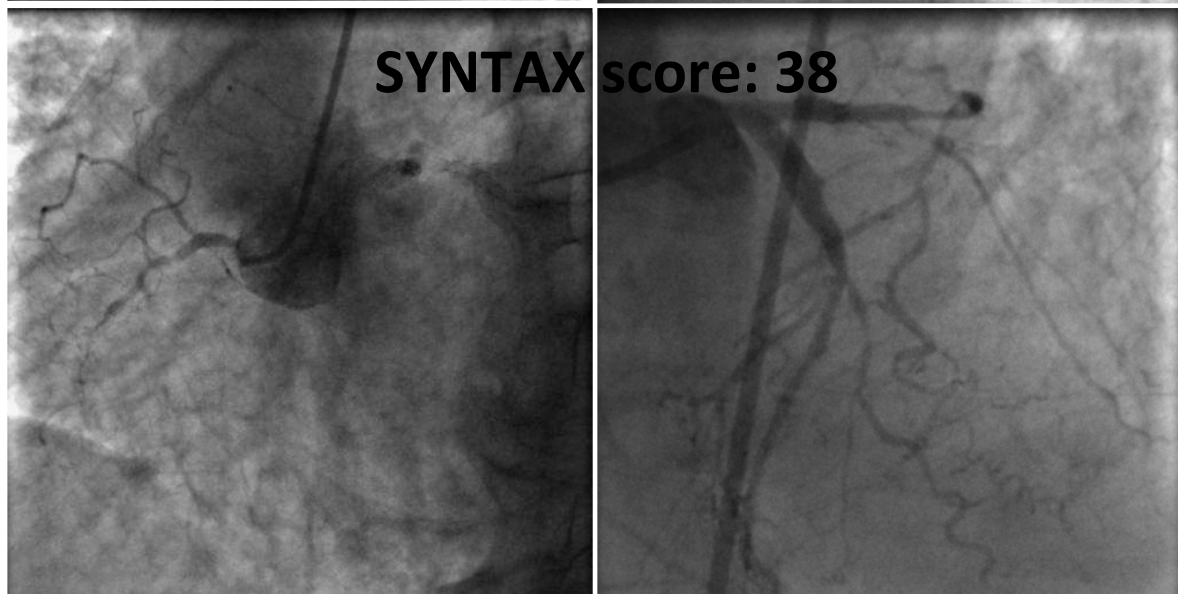




CASE 2:
Inoperable patient



Logistic Euroscore 82.76



SYNTAX score: 38

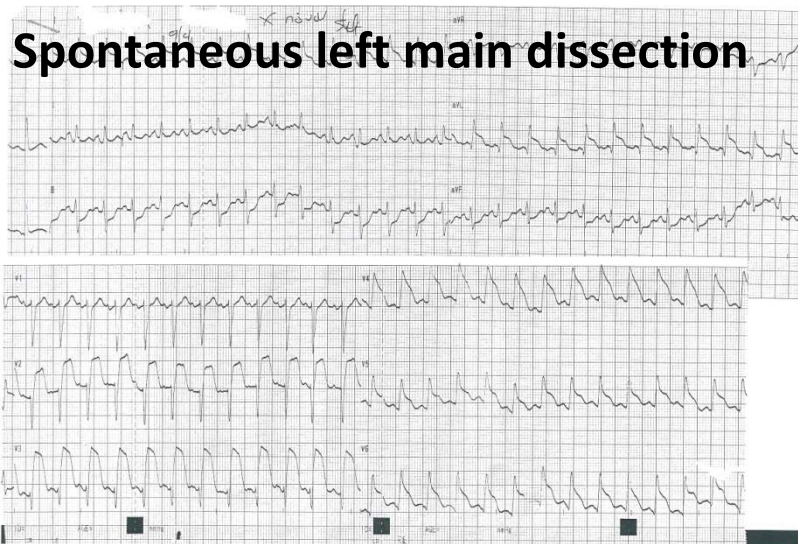


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Presented at 2o IICE 19-21 November 2009

Spontaneous left main dissection

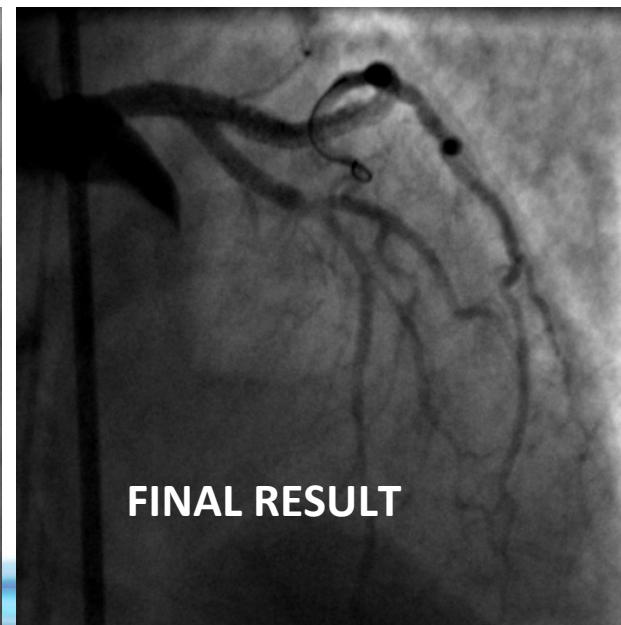
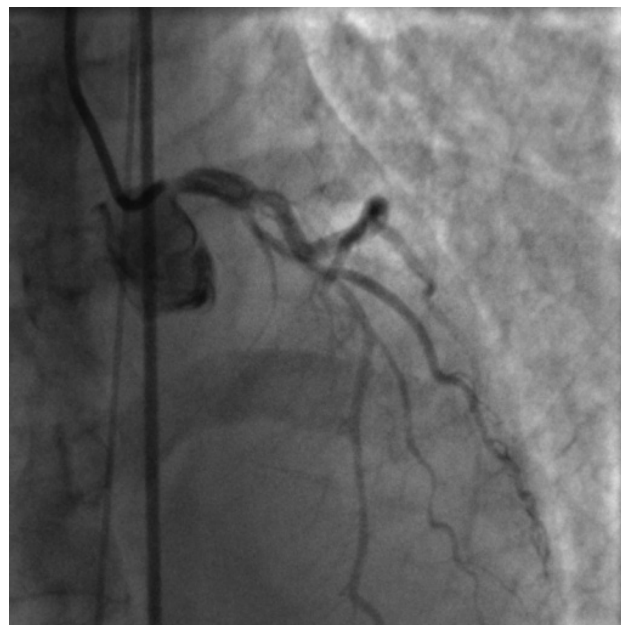
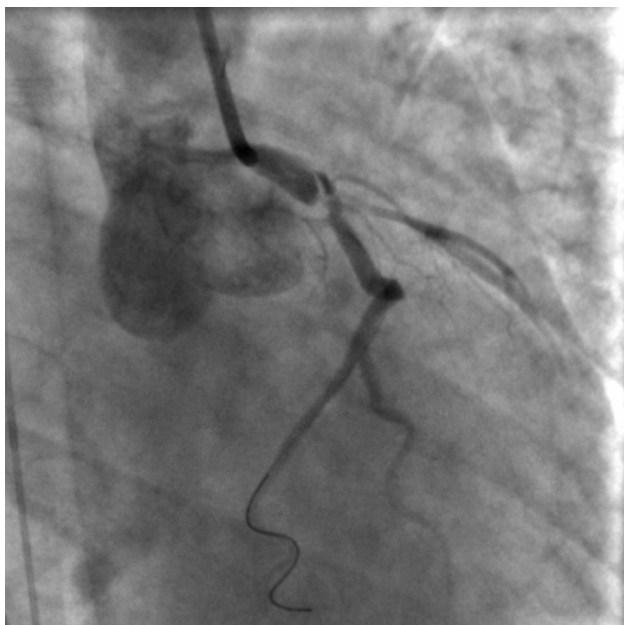


CASE 3

42 year old with cardiogenic shock

Fighting with a catastrophe!!!!!!

The case where I was not happy to be challenged Presented at 4^o IICE, 24 - 26 November2011



FINAL RESULT



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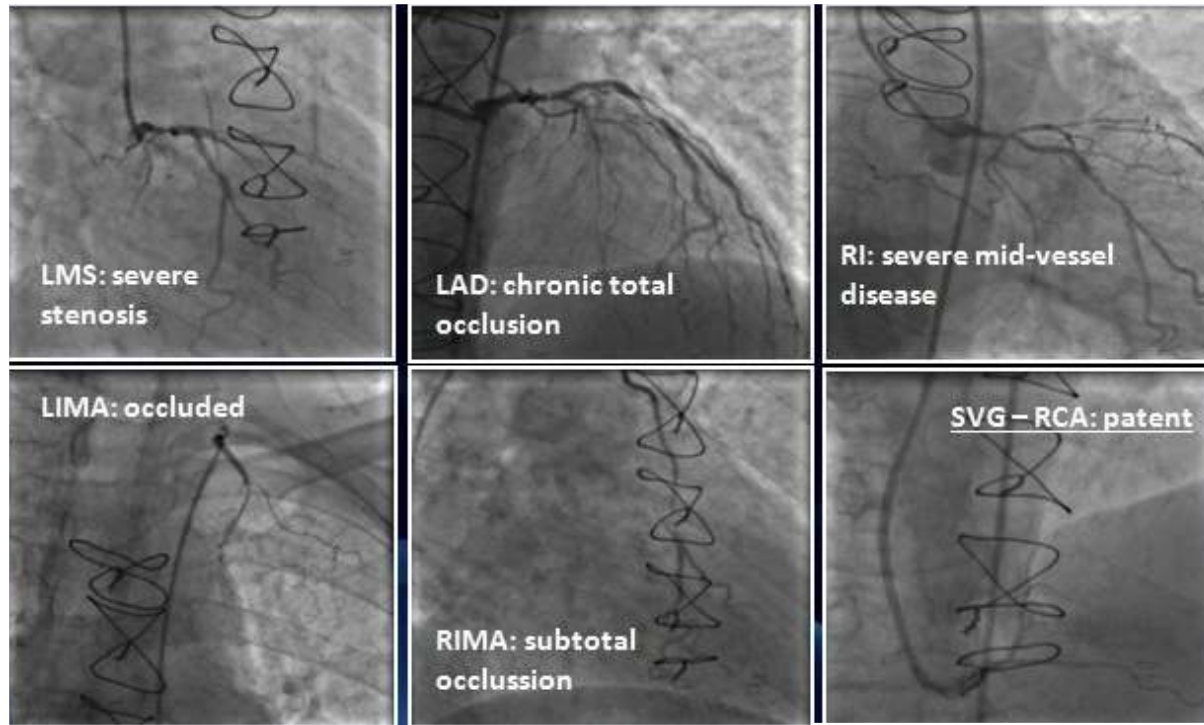
Presented at 4^o IICE, 24 - 26 November2011

CASE 4

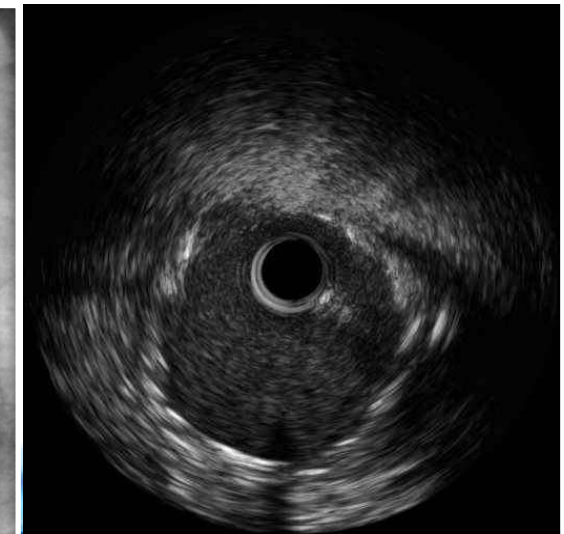
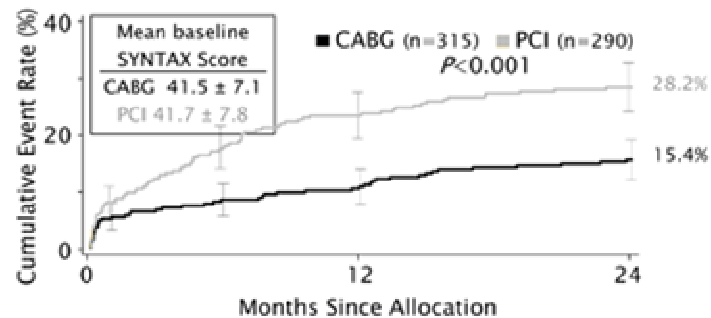
The case where I was happy to be challenged

The case which could have gone either way

Patient willingness



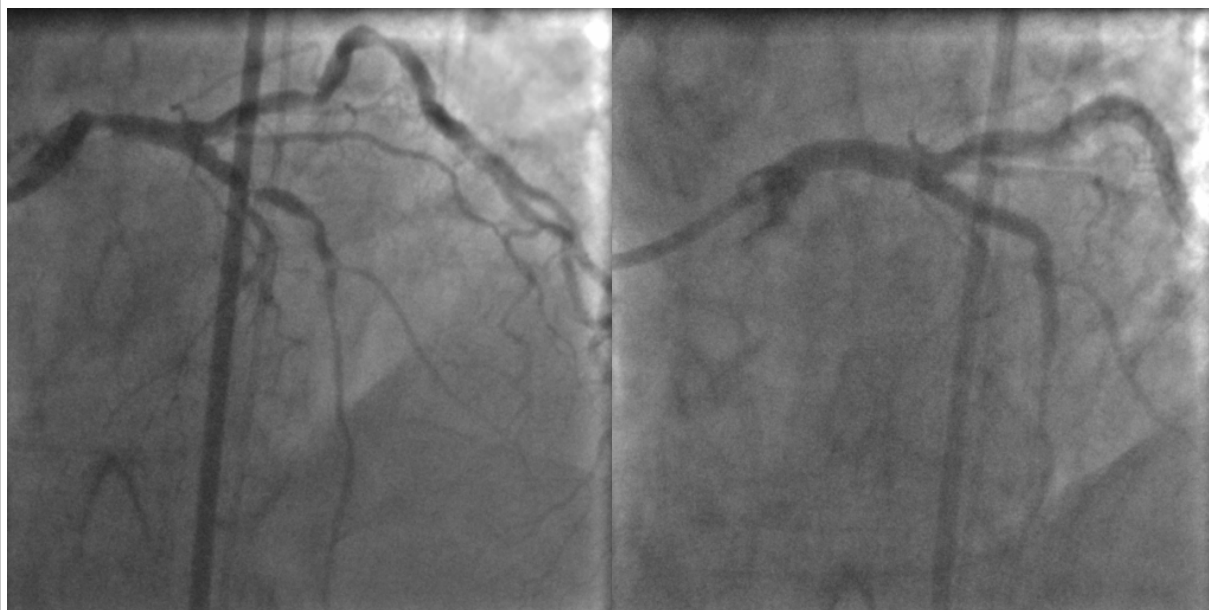
TOTAL SYNTAX SCORE 47.5



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Presented at AICT 9-10 October 2009



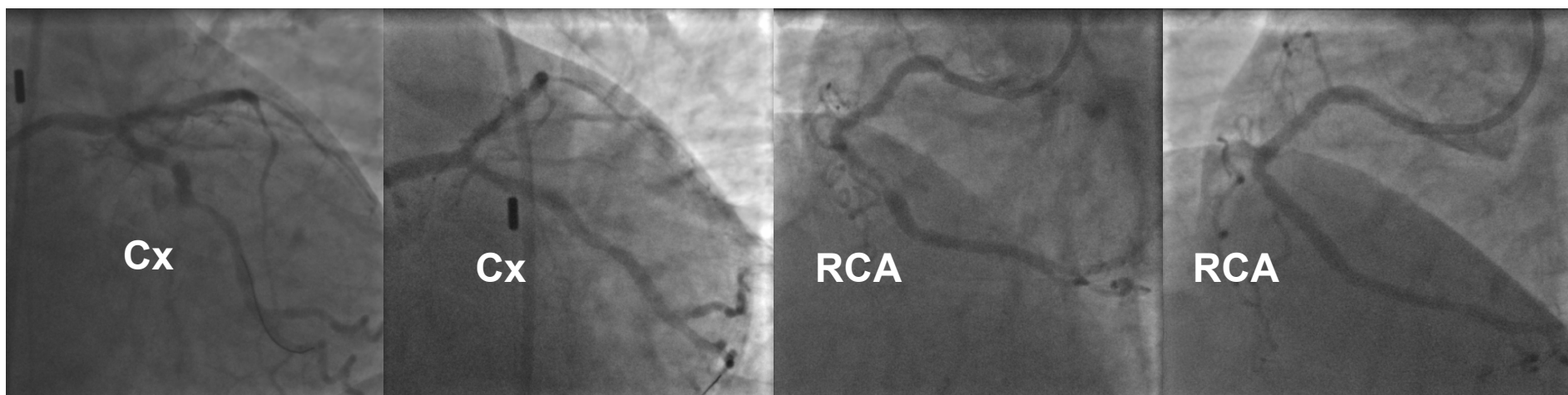
CASE 5

The case where I went too far?

Surgical candidate

Syntax score > 33

Patient willingness



Unresolved Issues and some thoughts in PCI for left main disease

- ✓ Is the lesion in the left main significant?
- ✓ What is the Ideal Technique (1 stent vs. 2 stent)?
- ✓ The results of PCI may be further improved by procedural guidance with intravascular ultrasound (IVUS)?
- ✓ What is the role of cardiac assist devices?
- ✓ What is the meaning of the heart team?
- ✓ Incomplete Revascularization is associated with worse Cardiac Survival?

How often is the left main responsible for an ACS and is always a dramatic event?

The new generation of thienopyridine may improve clinical outcome in patients with ULMD receiving DES



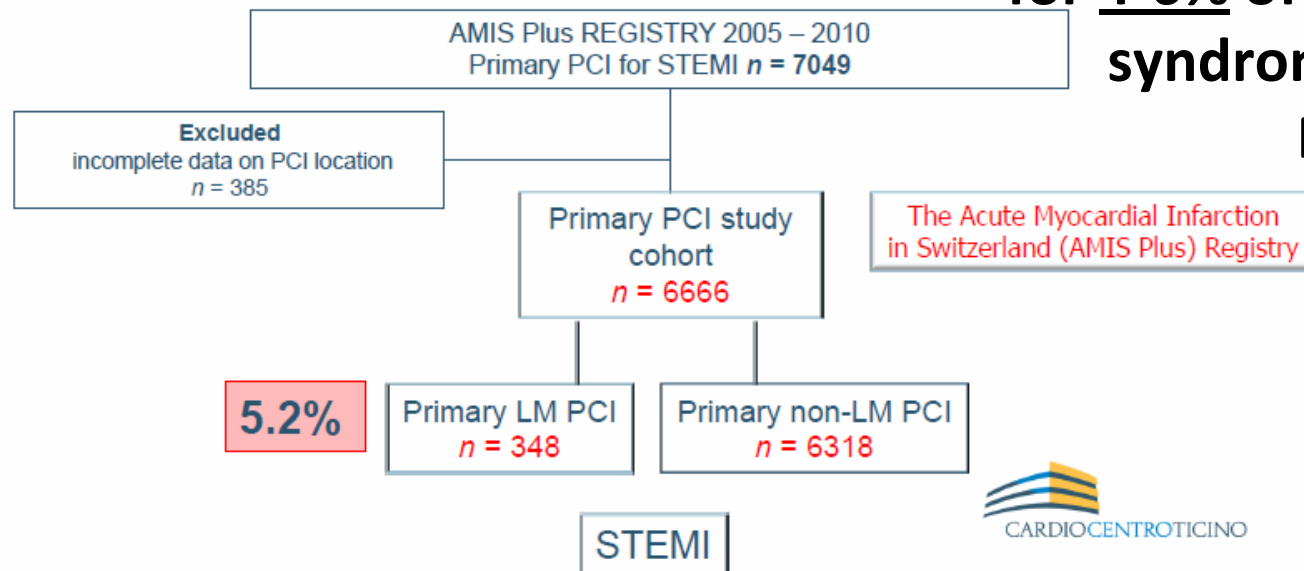
Primary Percutaneous Coronary Intervention for Unprotected Left Main Disease in Patients With Acute ST-Segment Elevation Myocardial Infarction

The AMIS (Acute Myocardial Infarction in Switzerland) Plus Registry Experience

Giovanni B. Pedrazzini, MD,* Dragana Radovanovic, MD,† Giuseppe Vassalli, MD,*§ Daniel Sürder, MD,* Tiziano Moccetti, MD,* Franz Eberli, MD,‡ Philip Urban, MD,|| Stephan Windecker, MD,¶ Hans Rickli, MD,# Paul Erne, MD,**
on behalf of the AMIS Plus Investigators



ULM-lesions are responsible for 4-6% of the acute coronary syndromes (STEMI and NSTEMI)



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Is the clinical presentation of left main ACS different from “non LM” ACS?



Primary Percutaneous Coronary Intervention for Unprotected Left Main Disease in Patients With Acute ST-Segment Elevation Myocardial Infarction

AMIS Plus

The AMIS (Acute Myocardial Infarction in Switzerland) Plus Registry Experience

JACC Intv 2011;4:618-26	LM PCI n=348	Non LM PCI n=6318	p-value
Age, mean (SD)	63.5 (12.2)	61.9 (12.4)	0.02
Women, n (%)	87/348 (25.0)	1455/6318 (23.0)	0.4
Resuscitation prior to admission, n (%)	37/348 (10.6)	400/6318 (6.3)	<0.001
Cardiogenic shock at admission, n (%)	42/344 (12.2)	217/6279 (3.5)	<0.001
Dyspnea	107/307 (34.9%)	1287/5507 (23.4%)	< 0.001
IABP, n (%)	48/343 (14.0)	400/6244 (6.4%)	<0.001
Vasopressor, n (%)	56/341 (16.4)	641/6194 (10.3)	<0.001



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In-Hospital Outcome



Primary Percutaneous Coronary Intervention for Unprotected Left Main Disease in Patients With Acute ST-Segment Elevation Myocardial Infarction

AMIS Plus

The AMIS (Acute Myocardial Infarction in Switzerland) Plus Registry Experience

	Primary ULM PCI <i>n</i> =348	Primary Non-LM PCI, <i>n</i> =6318	<i>p</i> -value
In-hospital death, <i>n</i> (%)	38/348 (10.9)	241/6318 (3.8)	<0.001
In-hospital death, pts. with CS at admission, <i>n</i> (%)	23/42 (54.8)	77/217 (35.5)	0.024
MACCE, <i>n</i> (%) (death, re-infarction, stroke)	43/346 (12.4)	314/6291 (5.0)	<0.001
Re-infarction, <i>n</i> (%)	4/346 (1.2)	56/6289 (0.9)	0.55
Cerebrovascular events, <i>n</i> (%)	5/346 (1.4)	42/6289 (0.7)	0.10

LM-PCI vs Non LM-PCI

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Primary Percutaneous Coronary Intervention for Unprotected Left Main Disease in Patients With Acute ST-Segment Elevation Myocardial Infarction

AMIS Plus

The AMIS (Acute Myocardial Infarction in Switzerland) Plus Registry Experience

Multivariate analysis

Variable	Odds Ratio (95% CI)	P-value
Cardiogenic shock at admission	4.87 (2.84-8.35)	<0.001
Resuscitation	4.20 (2.60-6.77)	<0.001
Charlson Score $\geq 2^{**}$	2.66 (1.76-4.02)	<0.001
Left main treated (disease)	2.36 (1.34-4.17)	0.003
Age (per 1 year increase)	1.07 (1.05-1.09)	<0.001
Heart rate (per 1-beat/min increase)	1.02 (1.01-1.03)	<0.001
Systolic BP (per 1-mmHg increase)	0.98 (0.97-0.98)	<0.001

TICINO

✓ The most important condition predicting in-hospital death is cardiogenic shock (30-50% mortality)

Independent predictors of in-hospital mortality



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